



Spire

Hartswood Hospital

2024 Consultant directory

Expert healthcare for your patients

Looking after you.

Contacts	2
About Spire Hartswood Hospital	3
How to refer your patients	4
Self-funded treatment	5
GP online referral guide	6
GP education	7
GP support	7
Clinics and services	8
Cardiology	8
Imaging	8
Outpatient services	8
Pathology	9
Physiotherapy	9
Directory listings	10
Index	24

Contacts

Hospital contacts

Main hospital

Phone: 01277 232 525

Hub Primary Healthcare Relationship Manager

Phone: 07706 316 983

Email: katie.lee@spirehealthcare.com

Insured patient enquiries and bookings

Phone: 01277 266 766

Email: spirehartswoodoutpatientbookings@spirehealthcare.com

Self-pay patient enquiries and bookings

Phone: 01277 266 761

Email: cservice-hw@spirehealthcare.com

Diagnostic imaging

Imaging: 01277 266 775

X-ray: 01277 265 753

MRI/CT: 01277 266 748 / 754

Email: spirehartswooddiagnosticimaging@spirehealthcare.com

Pathology enquiries

Email: spirehartswoodoutpatientbookings@spirehealthcare.com

Physiotherapy

Phone: 01277 266 780

Email: hwphysio@spirehealthcare.com

NHS team

Phone: 01277 266 701

Email: hartswoodnhsoffice@spirehealthcare.com

Key contacts

Hospital director

Jo Dean

Email: jo.dean@spirehealthcare.com

Acting Director of Clinical Services

Darren Howard

Email: darren.howard@spirehealthcare.com

Sales and Business Development Director

Hollie Davies

Email: hollie.davies@spirehealthcare.com

Lead Nurse for Children and Young People

Jack Saunders

Email: jack.saunders@spirehealthcare.com



Spire Hartswood Hospital offers unparalleled care of the highest quality, with the best staff.

About Spire Hartswood Hospital

At Spire Healthcare we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently achieve excellent results, in a safe and secure environment. For us it's more than just treating patients, it's about looking after people, and the safety of our patients and colleagues is our number one priority.

It's our people that really set us apart

We know that you insist on the highest standards of care for the patients who put their trust in you, and you can be sure that our team will continue that care. For us it's more than just treating patients, it's about giving patients, their family and friends the most positive experience we possibly can in our hospital.

Our consultants

Every consultant working at Spire Hartswood Hospital is on the specialist register of the General Medical Council and has met our practising privileges criteria. We know continuity of care is important. Once a patient has chosen his or her consultant, we will make sure that he or she is looked after by the same consultant, from the first appointment and throughout all treatment and follow-up care.

Our nursing staff

All our nurses are highly qualified and dedicated to caring for patients in a professional manner. For ultimate reassurance, we have a fully trained clinical team equipped to deal with medical emergencies 24 hours a day.

All the facilities you'd expect and more

- Our 39 private rooms are set in pleasant surroundings and all have satellite television, free wifi access and personal nurse call system

In addition to our private rooms, we offer:

- Four theatres including two laminar flow operating theatres and one day case unit
- An endoscopy suite
- Hydrotherapy pool
- On-site CSSD decontamination and sterilisation department
- CYP outpatient services for children from birth and surgery for children from sixteen years
- Pharmacy
- Quality assurance
- CPA accredited pathology service
- CQC registered

Emergency admissions

Call **01277 266 732** or **0780 873 1559** and ask for the nurse in charge. The hospital **does not** have an accident and emergency facility.

How to refer your patients

At Spire Hartswood we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently deliver excellent patient care, in a safe and secure environment. We work to ensure every patient is treated as if they were our own vulnerable relative.

Self-funding patients

Self-funding patients are able to be seen by a consultant without a GP referral, although a letter is often preferred. We can provide a tailored fixed price inclusive care package* with no hidden extras on a range of diagnostic tests, treatments and surgical procedures. For more information, please call our Self-pay team on **01277 266 761**.

- 1 Use Spire Connect to upload the referral letter. Call **07706 316 983** if you have any queries.
- 2 Our team will contact your patient to discuss consultants, dates, times and pricing.
- 3 We'll update you on your patients' progress.

Patients with private medical insurance

A referral letter is generally required from you before any insured patient can be seen by a consultant. Patients can call our bookings team on **01702 462 921** to arrange a convenient appointment.

- 1 Use Spire Connect to refer your patient. All patients using private insurance will need a referral letter.
- 2 Our team will contact your patient to discuss consultants, times and dates.
- 3 Your patient needs to contact their insurer to make sure they are covered for their appointment to see their chosen consultant.
- 4 We'll update you on your patients' progress.

NHS referrals

Spire Hartswood Hospital provides a range of elective surgical services on behalf of the NHS. Full details of the services provided can be found, and referrals must be made via, the NHS eReferral system (<https://www.ebs.ncrs.nhs.uk/>).

Referral letters

Referral letters for private patients can be submitted online at <https://spireconnect.spirehealthcare.com/>

Self-funded treatment

For help in arranging self-funded consultations and treatment, including guide prices for investigations and surgery, please ask patients to contact our self-funding team on:

Phone: **01277 266 761**

Email: **cservice-hw@spirehealthcare.com**

Our fixed price packages* offer the following benefits:

- No waiting lists
- Fast access to leading consultants
- Treatment dates to suit the patient
- Personalised support and care

Typical treatments that can be self-funded:

- Back pain treatment
- Cataract surgery
- Cosmetic surgery
- CT, MRI and ultrasound scans
- Endoscopy procedures
- Hernia repair
- Knee, hip, or shoulder surgery
- Varicose vein treatment
- Weight loss surgery

*Please see a copy of Spire Healthcare's patient terms and conditions for full details. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.

Urgent/unplanned admissions

If you have a specific consultant to refer to and you have their contact details, you can organise this with them directly. Alternatively, you can call us and ask for the 'nurse in charge' of the wards, who will take initial details of the patient and organise the consultant for you.

The hospital does not have an accident and emergency facility.



GP online referral guide

Spire Connect enables practice staff to log in and send secure, instant online referrals to Spire Healthcare hospitals. The system is designed to be as simple and efficient as possible, while protecting all confidential information within secure servers.

Visit <https://spireconnect.spirehealthcare.com> or click on Spire Connect from the GP information and resources tab on our website.

GP registration

When you access Spire Connect for the first time you will be required to register a few personal details to allow you access to the site and grant you permission to make referrals.

The GP information and resources area will also contain information from Spire Healthcare specifically for GPs including news on our forthcoming GP events.

Making a referral

To make a referral click on the 'Make an online referral' link and complete all relevant details. The referrals for each patient will need to come from the GP making the referral.

NHS referrals

You may refer patients to Spire Hartswood Hospital under the NHS choice regulations. To see what NHS services are provided and to make a referral, please use the NHS eReferral service (<https://www.ebs.ncrs.nhs.uk/>).

Imaging and other referral types

You can make referrals for radiological investigations by selecting 'Radiology' under the specialty list. To make a referral for physiotherapy, podiatry, dietetics, psychology etc, select one of these from under 'Allied Health Professionals' in the specialty list.

Attaching patient notes

It is possible to attach patient notes to the form, however the ease of this will depend on your own patient record software. Take a look at the options available in your software to see if records can be 'exported' or 'saved as' to your desktop. Then from there you can attach them to this form. You will need to save the notes in a common format such as a text or word document (.rtf, .pdf, .doc, .txt), a spreadsheet (.xls or .csv) or an image format (eg .bmp, .jpg). Then click the 'send referral' button at the bottom of the page to submit the referral.

For more information on Spire Connect, contact Katie Lee on **07706 316 983** or at katie.lee@spirehealthcare.com

GP education

We provide regular GP conferences and evening seminars, which take the form of lectures, Q&As, demonstrations and clinical case presentations by our specialist consultants.

Our events are **free of charge** and are generally evening or half-day sessions to provide flexibility to you.

[How to find out about our events](#)

Search '**Spire Hartswood GP Education**'

Call our Hub Primary Healthcare Relationship Manager on **07706 316 983**

Email us at katie.lee@spirehealthcare.com

GP support

Spire Hartswood's onsite teams offer prompt and friendly assistance for GPs and primary care professionals to help you in looking after your patients.

Primary Healthcare Relationship Manager

Our Primary Healthcare Relationship Manager is responsible for liaising with GP practices and other primary care professionals. Their role is to familiarise you with our services and consultants, and to make it as easy as possible for your patients to be seen and treated at Spire Hartswood Hospital.

[The Hub Primary Healthcare Relationship Manager can be contacted on:](#)

Phone: **07706 316 983**

Email: katie.lee@spirehealthcare.com

Self-pay Team

Our self-pay team are here to help with arranging self-pay consultations and treatment, including guide prices for investigations and surgery.

One-off private treatment at a fixed price*

- Available for in-patient and day-case procedures, subject to patient pre-assessment
- Normally includes all consultant and hospital fees, out-patient physiotherapy and one follow up appointment
- Treatment of complications*

[Patients can contact the team on:](#)

Phone: **01277 266 761**

Email: cservice-hw@spirehealthcare.com

*Spire Healthcare patient terms and conditions apply.

Clinics and services

Cardiology

Cardiology services include:

- 24-hour BP monitoring
- 24 – 72 hour ECG (holter) monitoring
- Cardiac CT scan and CT calcium scoring
- Echocardiography
- Exercise ECG
- Longer duration ECG monitoring 7 – 14 days

Appointments: **01277 266 766**

Imaging

We offer diagnostic and imaging services to your patients at a time that is convenient for them. We are open six days a week and are usually able to offer appointments within 48 hours.

Imaging services include:

- CT
- Fluoroscopy
- General X-ray
- Mammography
- MRI
- Ultrasound

Appointments: **01277 266 775**

Email: **spirehartswooddiagnosticimaging@spirehealthcare.com**

Outpatient services

Outpatient services include:

- Allergy testing
- Application/removal of plaster casts
- Audiology
- Cardiac diagnostics
- Cosmetic surgery advice and information
- Dressing and removal of clips/sutures
- Electromyography (EMG)
- Gynaecology diagnostics including ultrasound scans, smear test, Colposcopy and biopsies
- Hearing tests
- Intravitreal injections to treat age-related macular degeneration and other retinal conditions
- Minor operations as therapeutic or diagnostic procedures
- Prostate assessment including PSA testing
- Therapeutic injection into joints
- Urine flow rates
- Weight loss surgery advice and information

Appointments: **01277 266 766**

Pathology

All patients seen by the consultants in clinics can have their blood tests done the same day without booking an appointment.

Pathology services include:

- Biochemistry
- Blood transfusion
- Endocrinology
- Haematology
- Histopathology
- Immunology
- Microbiology
- Mycology
- Tumour assays

Email: spirehartswoodoutpatientbookings@spirehealthcare.com

Physiotherapy

We offer a wide range of treatments including, but not limited to:

- Acupuncture
- CYP including hydrotherapy (from birth)
- Extracorporeal shock wave therapy (ESWT)
- Falls rehabilitation
- Foot scanner/orthotics
- Hand therapy and splinting
- Hydrotherapy
- Laser therapy for verrucas
- Long COVID rehabilitation
- Massage
- Musculoskeletal
- Neurological rehab
- Pelvic health specialist rehab
- Pilates
- Post-operative rehabilitation
- Respiratory physiotherapy
- Sports injury assessment and treatment
- Vestibular rehab (dizziness), balance difficulties, falls, vertigo, Meniere's disease, labyrinthitis, vestibular neuritis, benign paroxysmal positional vertigo (BPPV), migraine and vestibular migraine
- Watsu (stretching and strengthening muscles, increasing flexibility and range of motion, and deep relaxation in water)

Phone: **01277 266 780**

Email: hwphysio@spirehealthcare.com

Directory listings

B

Breast

Mr Wayne Chicken

Onco-reconstructive breast surgery, breast lump removal, gynaecomastia, minimal access surgery, benign breast disease.

NHS trust base: Basildon and Thurrock

Miss Sascha Dua

Onco-reconstructive breast surgery, breast cancer, breast reduction, breast implant removal, mastopexy, inverted nipple surgery, gynaecomastia.

NHS trust base: Mid Essex

Mr Wael Ismail

Breast lump investigation, breast cancer, breast care, breast lump removal, benign breast disease.

NHS trust base: Barking, Havering and Redbridge

Mr Arikoge Ogedegbe

Benign breast problems, breast cancer, breast care, breast surgery, endoscopy, general surgery, hernia repair surgery, laparoscopic surgery, onco-reconstructive breast surgery, paediatrics.

NHS trust base: Barking, Havering and Redbridge

Mr Akin Ojo

Laparoscopic surgery, endocrine surgery, onco-reconstructive breast surgery, gynaecomastia, breast cancer, hernia, lumps and bumps.

NHS trust base: Barking, Havering and Redbridge

Mr Antony Pittathankal

Onco-reconstructive breast surgery, gynaecomastia, breast deformities, nipple reconstruction and tattooing, cosmetic breast surgery.

NHS trust base: Barking, Havering and Redbridge

Mr A.K. Salih

Onco-reconstructive breast surgery, male breast disease, laparoscopic surgery, lumps, bumps and skin lesions.

NHS trust base: Basildon and Thurrock

C

Cardiology

Dr Javed Akhtar

Palpitations/black out, transoesophageal echocardiography, breathlessness, uncontrolled hypertension, cardiomyopathy, permanent implantations.

NHS trust base: Barking, Havering and Redbridge

Professor Andrew Deaner

Heart disease in pregnancy, echocardiography, angioplasty and stent implantation.

NHS trust base: Barts Health NHS Trust, King George and Brentwood Community Hospitals

Dr Jason Dungu

Echo, stress echo, Cardiac Magnetic Resonance (CMR) scan, transoesophageal echocardiogram.

NHS trust base: Essex Cardiothoracic Centre

Dr Aye Thida Hline

Blood tests for heart disease risk (cardiac testing), blood pressure test, cardiac catheterisation, exercise ECG, pacemaker implantation and transoesophageal echocardiogram.

NHS trust base: Barking, Havering and Redbridge

Dr Alamgir Kabir

Management of angina, chest pains, palpitations, transient loss of consciousness, hypertension, dizziness. Investigation of cardiac causes of shortness of breath, cardiovascular risk assessment, coronary angiograms and angioplasty.

NHS trust base: Essex Cardiothoracic Centre

Dr Honer Kadr

Ischaemic heart disease, cardiac arrhythmias, palpitations, breathlessness, hypertension, dizziness.

NHS trust base: Barking, Havering and Redbridge

Dr T. W. Koh

Coronary angiography, coronary angioplasty and stent insertion, coronary artery calcium score, palpitations, breathlessness, arrhythmia, hypertension, high cholesterol, heart murmur, cardiomyopathy, advanced cardiac imaging – 3D echo.

NHS trust base: Barking, Havering and Redbridge/Barts Health NHS Trust

Dr Saad Saheecha

Blood pressure test, Electrocardiogram (ECG), exercise ECG, pacemaker implantation and implantable cardioverter defibrillator.

NHS trust base: Barking, Havering and Redbridge

Children's and young people

Mr Ashok Acharya

Minimally-invasive foot and ankle surgery, keyhole bunion corrective surgery, forefoot surgery, ankle arthroscopy and surgery, paediatric orthopaedics.

NHS trust base: Barking, Havering and Redbridge

Mr Fateh Ahmad

Arm reduction and arm lift, breast enlargement, breast reduction, mastopexy, ear pinning, eyelid cyst surgery, facelift, inverted nipple surgery, neck lift, nose reshaping and tummy tuck.

NHS trust base: Private patients only

Mr Hasan Ahmed

Shoulder stabilisation, rotator cuff repair, elbow surgery, shoulder replacement, nerve compression, paediatric orthopaedics.

NHS trust base: Barts Health NHS Trust

Mr Adil Ajuied

Knee and sports knee conditions including ACL, meniscal repair, HTO, TKR, all ligament injuries, paediatric knee, revision ligament reconstruction.

NHS trust base: Guy's and St Thomas'

Mr Ahmad Ali

Arthroscopy, keyhole surgery and minimally invasive partial and total knee replacement, computer navigated knee replacement, ACL reconstruction, ligaments and soft tissue repair, paediatric orthopaedics.

NHS trust base: Barking, Havering and Redbridge

Professor Jayanta Barua

Bladder dysfunction, incontinence, urodynamics, oncology, male infertility, sexual dysfunction, prostate cancer including HIFU treatment, paediatric male urology.

NHS trust base: Barking, Havering and Redbridge

Dr Edward Bettany

IBS, reflux, Crohn's, gastric ulcers, colonoscopy, endoscopy, gastrointestinal cancers, bowel disease, colitis, liver disease, pancreatic disease.

NHS trust base: Barking, Havering and Redbridge

Dr Anurag Bharadwaj

Connective tissue diseases, vasculitis, regional pain syndromes, e.g. shoulder, back and foot pain, paediatric rheumatology.

NHS trust base: Basildon and Thurrock

Dr Rudy Capildeo

Headache/migraine, Parkinson's disease, spinal disorders, multiple sclerosis, stroke medicine, epilepsy, Alzheimer's disease.

NHS trust base: Private patients only

Professor Paul Chatrath

Sinusitis, Breathe-Implant (titanium implant for nasal valve collapse), septorhinoplasty, balloon sinuplasty, tonsillitis, glue ear, voice disorders, pinnaplasty, cosmetic rhinoplasty, paediatric ENT disorders.

NHS trust base: Private patients only

Miss Hoi-Yi Ching

Allergy testing, ear pinning (pinnaplasty), grommets insertion (glue ear treatment), laryngoscopy investigation, septoplasty surgery, sinus surgery (functional endoscopic sinus surgery or FESS), thyroid test, Tonsillectomy for adults, balloon dilation eustachian tube.

NHS trust base: NHS trust base: TBC

Dr Simon Davison

Acne, inflammatory skin disease, cancer tests, malignant skin cancer removal, paediatric dermatology, psoriasis.

NHS trust base: Barking, Havering and Redbridge

Mr George Fayad

Laser surgery, Breathe-Implant (titanium implant for nasal valve collapse), otology, incision-free pinnaplasty, paediatric ENT.

NHS trust base: Basildon and Thurrock

Dr Minal Gandhi

Paediatric allergy; eczema, food allergies, asthma, hay fever (rhinitis).

NHS trust base: Royal Free

Mr Vernon Geh

Phacoemulsification cataract surgery, paediatric ocular disorders, adult/paediatric squint management, motility disorders with adjustable suture surgery or botulinum toxin. All general eye complaints.

NHS trust base: Southend University Hospital

Dr Nagui Gendi

Connective tissue and other multisystem rheumatic diseases, work related upper limb disorders, foot disorders and musculoskeletal ultrasound, paediatric rheumatology.

NHS trust base: Basildon and Thurrock

Mr Marc George

Young adult hip disease, hip arthroscopy, hip replacement and hip revision surgery, hip fractures, trauma and metastases. osteoarthritis, sports hip and or groin injury.

NHS trust base: Guy's and St Thomas'



Spire

Hartswood Hospital

World-class experts in diagnostics



At Spire Hartswood Hospital you can see leading diagnostic experts in as little as **48 hours** – so you can get better, faster.

Our experienced and highly qualified staff produce quick, accurate results in the comfort of a private hospital.

Fast, flexible access to diagnosis and treatment

You can access our services when you need them, with appointment times available Monday to Saturday to suit you.*

Advanced technology

We use the latest, most advanced technology and equipment to help you take the first step towards reclaiming your health.

Comprehensive range of diagnostic services

- CT scanning
- Mammography
- MRI scanning
- Ultrasound
- X-ray services

Book to see an expert today

Search 'Spire Hartswood Hospital'

Call 01277 266 775

*Timings given are indicative, actual timings may vary based on consultant and tests required.
*A referral from your GP or Consultant is required prior to arranging an appointment

Looking after you.

Dr Aashish Gupta

Recurrent infections, asthma, gastroenterology, feeding problems, allergies, eczema and dermatitis treatment, hypermobility, rheumatological problems, headaches, dizziness, kidney and bladder problems, thyroid, heart murmurs. Newborn and infant vomiting/reflux, excessive crying, milk intolerance, constipation, conjunctivitis, fever, growth related problems.

NHS trust base: Basildon and Thurrock

Dr Charlot Grech

Aesthetic dermatology, mole screening, management of skin cancers, paediatric dermatology.

NHS trust base: Private patients only

Mr Sandy Gujral

Uro-oncology, minimal access surgery, female urology, Uro-oncology, minimal access surgery, urodynamics, kidney cancer, prostate cancer, paediatric urology.

NHS trust base: arking, Havering and Redbridge

Dr Abinav (Abs) Gupta

Acid reflux, dyspepsia (indigestion), endoscopy, gastro-intestinal cancers, inflammatory bowel disease, irritable bowel syndrome, liver and pancreas disease.

NHS trust base: arking, Havering and Redbridge

Professor Christopher Hawkes

Headache, dizziness, epilepsy, muscle and nerve disorders, smell and taste problems, stroke, multiple sclerosis, Parkinson's disease.

NHS trust base: Private patients only

Mr Anurag Jain

Head and neck, thyroid and salivary gland disease, coblation intracapsular tonsillectomy, paediatric ENT disorders.

NHS trust base: Barking, Havering and Redbridge

Dr Neeraj Jain

General paediatrics, children's wellbeing, paediatric cardiology, echocardiography and heart problems in children, neonatology, care of new born infants.

NHS trust base: North Middlesex University Hospital

Dr Namita Jasani

Eczema, psoriasis, acne, mole screening, paediatric dermatology, hair disorders, warts, skin cancers, paediatric dermatology.

NHS trust base: Private patients only

Mr Ayman Khaier

Neuro-ophthalmology, paediatric ophthalmology, complex squint and cataract surgery, eyelid cyst, eyelid ptosis and corneal pathology.

NHS trust base: Barking, Havering and Redbridge

Miss Premila Kollipara

Colposcopy, menopause, minimal access surgery, antenatal care, menorrhagia, fibroids, polycystic ovary syndrome, paediatric gynecology.

NHS trust base: Barking, Havering and Redbridge

Professor Bhik Kotecha

Surgical and non-surgical treatment for snoring and sleep apnoea, radiofrequency surgery, paediatric ENT disorders, glue ear, wax removal, voice and swallowing disorders, nose and sinus problems, sleep studies and evaluation of snoring.

NHS trust base: Private patients only

Mr Gaurav Kumar

Septoplasty, tympanoplasty, ear drum perforation, stapedectomy, laser ear surgery, Meniere's disease, paediatric ENT disorders.

NHS trust base: Barking, Havering and Redbridge

Mr Sunil Kumar

All knee surgery including minimally invasive unicondylar, personalised total knee replacement, patient specific knee implants and sports injuries, paediatric orthopaedics.

NHS trust base: Private patients only

Mr Devesh Misra

Paediatric gastro-intestinal surgery and paediatric urology, severe constipation, urine infection, circumcision, undescended testes, wetting problems, hernias, abdominal pain, vomiting and gastric reflux.

NHS trust base: Royal London

Dr James Noake

Non-surgical management of all musculoskeletal and sports related injuries.

NHS trust base: Private patients only

Mr Tony Owa

Ear surgery, balance disease, dizziness, salivary gland disease, voice disorders, paediatric ENT disorders.

NHS trust base: Barking, Havering and Redbridge

Mr Asif Parkar

Knee arthroscopy, sports knee injuries (meniscal management, ACL, multi-ligament injuries), partial (UNI) and total knee replacement, total hip replacement through direct anterior approach (DAA), revision knee and hip replacement, computer assisted and robotic joint replacement, patella instability (MPFL & extensor mechanism realignment), joint preservation surgery (osteotomy around knee).

NHS trust base: Barking, Havering and Redbridge

Mr Jonathan Philpott

Head and neck cancer, thyroid surgery, balloon sinuplasty treatment for chronic sinusitis, paediatric ENT disorders.

NHS trust base: Southend

Dr Debi Ray

General paediatrics covering any children's health concern: allergies, ADHD, asthma, autism, behavioural problems, child development, disability, dyspraxia, funny turns, gastroenterology (constipation, reflux, poor weight gain, abdominal pain), headaches, learning disabilities and difficulties.

NHS trust base: North East London

Dr Leena Sinha

Barium enema, barium swallow and barium meal, bowel disorder test, capsule endoscopy (pillcam), cholesterol level test, colonoscopy, flexible sigmoidoscopy and gastroscopy. Liver and kidney tests, virtual colonoscopy and ano-rectal manometry.

NHS trust base: Barking, Havering and Redbridge

Mr Mohammad Shoab

Complex hip and knee replacement and revision surgery, hip and knee surgery for young adults, uni-compartmental knee replacement, ACL reconstruction.

NHS trust base: Basildon and Thurrock

Mr Alagappan Sivaraman

Spinal disorders and interventional pain management, coccyx pain, neck pain, balloon kyphoplasty, cervical disc replacement, paediatric orthopaedics.

NHS trust base: Private patients only

Mr Manu Sood

All aspects of cosmetic surgery for face and body including upper eyelids, face lift, rhinoplasty, breast augmentation/reduction/lift, tummy tuck, liposuction and body contouring, botulinum toxin, injections and fillers. Skin cancer surgery, moles, lumps and bumps. Hand and nerve surgery including joint replacement and reconstruction after injury and congenital abnormalities/carpal tunnel syndrome/Dupuytren's disease.

NHS trust base: St Andrew's Centre for Plastic Surgery, Broomfield Hospital Barking, Havering and Redbridge

Dr Rajiv Sood

Asthma, eczema, new born and infants-colic, reflux, feeding difficulties, failure to gain weight, routine health check, food intolerance, prolonged diarrhoea, constipation, abdominal pain, urinary tract infections, day time and night time wetting, headache, respiratory tract infections. Allergy: food, skin, eye, hay fever, urticaria, angioedema, anaphylaxis, adrenalin injection training, allergy skin prick testing, allergy blood tests, allergy desensitisation (immunotherapy).

NHS trust base: Homerton University Hospital

Dr Geeta Subramanian

Bowel symptoms, Coeliac disease, cough, wheezing, chest pain, fits and faints, gait concerns, growth concerns, feeding issues, skull size and shape, poor growth, urinary problems and Vulvovaginitis in girls.

NHS trust base: Barking, Havering and Redbridge University Hospitals

Mr Krishna Vemulapalli

Achilles tendon problems, ankle injuries, bunion surgery, lesser toes problems, ankle replacements, sports injuries, complex foot and ankle reconstructions. General trauma and paediatric orthopaedic surgery.

NHS trust base: Barking, Havering and Redbridge

Counselling

Ms Lindsay Noakes

Counsellor dealing with issues linked to anxiety, depression, trauma related loss, bereavement, health anxiety, phobias. Medical issues; acute or chronic illness. Disability, stress, addictions, self-esteem, low confidence.

NHS trust base: Private patients only

Dr Jasmine Shingadia

Anxiety, depression, difficult/challenging life events including illness and pain, mood disorders, OCD, personality disorders, PTSD, specialised assessments pre and post surgery, particularly cosmetic surgery, trauma.

NHS trust base: Berkshire Healthcare NHS Foundation Trust

D

Dermatology

Dr Simon Davison

Acne, inflammatory skin disease, cancer tests, malignant skin cancer removal, paediatric dermatology, psoriasis.

NHS trust base: Barking, Havering and Redbridge

Dr Olga Golberg

Acne and rosacea, benign skin lesions, eczema, hair and nail disorders, psoriasis, skin allergy and infections, skin cancer and precancerous lesions.

NHS trust base: Mid Essex

Dr Charlot Grech

Aesthetic dermatology, mole screening, management of skin cancers, paediatric dermatology.

NHS trust base: Private patients only

Dr Namita Jasani

Eczema, psoriasis, acne, mole screening, paediatric dermatology, hair disorders, warts, skin cancers, paediatric dermatology.

NHS trust base: Private patients only

Dr Mohsen Khorshid

Acne, inflammatory skin disease, cancer tests, malignant skin cancer removal, psoriasis, photodermatology, photodynamic therapy, topical chemotherapy.

NHS trust base: Basildon and Thurrock

Dr Rohaj Mehta

Dermatological lasers, skin cancer, mole surveillance, acne, skin allergies, photodynamic therapy and lasers.

NHS trust base: Basildon and Thurrock

Dietitian

Mrs Nicole Croft-O'Halloran

Gastroenterology, IBS and functional bowel disorders, pre and post-operative bariatric surgery advice, sports nutrition, weight loss and weight gain.

NHS trust base: Private patients only

Ms Gail Pinnock

Dietetic support for obese and bariatric patients.

NHS trust base: Private patients only

Mrs Joanne Robinson

Diabetes, oncology, cardiology, gastroenterology, weight management, sports nutrition, gut health, cancer and heart disease.

NHS trust base: Private patients only

Ms Kate Tomlinson

Specialising in bariatric surgery, adult weight management with experience in the provision of enteral and oral nutrition support.

NHS trust base: Kings College Hospital NHS Trust

E

ENT

Mr Maged Abdelkader

Neck swelling, laser surgery, voice disorders and swallowing abnormalities, general ENT.

NHS trust base: Basildon and Thurrock

Professor Ahmed Allam

Balloon sinuplasty for chronic sinusitis, septoplasty surgery, sinus surgery, endoscopic ear surgery and tonsillectomy for adults.

NHS trust base: Barking, Havering and Redbridge

Professor Paul Chatrath

Sinusitis, Breathe-Implant (titanium implant for nasal valve collapse), septorhinoplasty, balloon sinuplasty, tonsillitis, glue ear, voice disorders, pinnaplasty, cosmetic rhinoplasty, paediatric ENT disorders.

NHS trust base: Private patients only

Miss Hoi-Yi Ching

Allergy testing, ear pinning (pinnaplasty), grommets insertion (glue ear treatment) laryngoscopy investigation, septoplasty surgery, sinus surgery (functional endoscopic sinus surgery or FESS), thyroid test, Tonsillectomy for adults, Balloon dilation, Eustachian tube.

NHS trust base: Ramsay Health Care UK

Professor Chitta Chowdhury

Outpatient consultations only; audiogram, endoscopy, any surgical treatment will be onward referred.

NHS trust base: Private patients only

Mr George Fayad

Laser surgery, Breathe-Implant (titanium implant for nasal valve collapse), otology, incision-free pinnaplasty, paediatric ENT.

NHS trust base: Basildon and Thurrock

Mr Anurag Jain

Head and neck, thyroid and salivary gland disease, coblation intracapsular tonsillectomy, paediatric ENT disorders.

NHS trust base: Barking, Havering and Redbridge

Professor Bhik Kotecha

Surgical and non-surgical treatment for snoring and sleep apnoea, radiofrequency surgery, paediatric ENT disorders, glue ear, wax removal, voice and swallowing disorders, nose and sinus problems, sleep studies and evaluation of snoring.

NHS trust base: Private patients only

Mr Gaurav Kumar

Septoplasty, tympanoplasty, ear drum perforation, stapedectomy, laser ear surgery, Meniere's disease, paediatric ENT disorders.

NHS trust base: Barking, Havering and Redbridge

Mr Tony Owa

Ear surgery, balance disease, dizziness, salivary gland disease, voice disorders, paediatric ENT disorders.

NHS trust base: Barking, Havering and Redbridge

Mr Jonathan Philpott

Head and neck cancer, thyroid surgery, balloon sinuplasty treatment for chronic sinusitis, paediatric ENT disorders.

NHS trust base: Southend

Endocrinology

Dr Rehman Khan

Calcium and adrenal disorders. Note: also available for general medical consultations.

NHS trust base: Basildon and Thurrock

Dr Nemanja Stojanovic

Rare forms of diabetes. Endocrinology: testosterone deficiency and replacement, erectile dysfunction (impotence), endocrine pathology of pregnancy. Note: also available for general medical consultations.

NHS trust base: Barking, Havering and Redbridge

G

Gastroenterology, general medicine, renal and respiratory medicine

Dr Waseem Ashraf

Pancreatic and biliary disease, colitis, IBD, hiatus hernia, reflux and Barrett's management, abnormal liver tests, small bowel disease.

NHS trust base: Private patients only

Dr Edward Bettany

IBS, reflux, Crohn's, gastric ulcers, colonoscopy, endoscopy, gastrointestinal cancers, bowel disease, colitis, liver disease, pancreatic disease.

NHS trust base: Barking, Havering and Redbridge

Dr Ibrahim Fahal

Glomerulonephritis, diabetic nephropathy, hypertension, also chronic kidney disease.

NHS trust base: Barking, Havering and Redbridge

Dr William Fickling

Dyspepsia, irritable bowel syndrome (IBS), inflammatory bowel disease, liver disease, gastrointestinal cancer, ERCP, endoscopy, endoscopic ultrasound.

NHS trust base: Barking, Havering and Redbridge

Dr David Gertner

Inflammatory bowel disease, nutritional support, gastrointestinal cancers, gastrointestinal disorders including reflux (GORD), ulcer disease, malabsorption including coeliac disease, biliary tract disorders and IBS.

NHS trust base: Basildon and Thurrock

Dr Abinav (Abs) Gupta

Acid reflux, dyspepsia (indigestion), endoscopy, gastro-intestinal cancers, inflammatory bowel disease, irritable bowel syndrome, liver and pancreas disease.

NHS trust base: Barking, Havering and Redbridge

Dr Sachin Gupta

Reflux disease, dyspepsia, gastric and duodenal ulcers, IBS, anaemia, IBD, ulcerative colitis, Crohn's, rectal bleeding, gastrointestinal cancers.

NHS trust base: Addenbrooke's

Dr Gurminder Khamba

Cardiovascular risk review, chronic kidney disease management, hypertension, renal medicine.

NHS trust base: Mid and South Essex Hospitals NHS Trust

Dr Zia Mazhar

Inflammatory bowel disease, irritable bowel syndrome, small bowel disease, capsule endoscopy.

NHS trust base: Basildon and Thurrock

Dr Dipak Mukherjee

COPD, tuberculosis, pleural disease, asthma, lung cancer, bronchoscopy, medical thoracoscopy, EBUS (endobronchial ultrasound).

NHS trust base: Basildon and Thurrock

Dr Pushpakaran Munuswamy

Reflux disorders, small bowel disorders, abnormal liver function, nutritional support.

NHS trust base: Basildon and Thurrock

Dr Reshma Rakshit

Reflux disease, constipation, diarrhoea, abdominal pain, endoscopy, liver, pancreas and gallbladder disorders, Coeliac disease.

NHS trust base: Mid Essex

Dr Johnson Samuel

Asthma and allergy, COPD, non-invasive ventilation in acute respiratory failure and sleep disorders, pleural disease, sleep studies, investigation of unexplained breathlessness, cardio-pulmonary exercise testing.

NHS trust base: Basildon and Thurrock

Dr Leena Sinha

Barium enema, barium swallow and barium meal, bowel disorder test, capsule endoscopy (pillcam), cholesterol level test, colonoscopy, flexible sigmoidoscopy and gastroscopy. Liver and kidney tests, virtual colonoscopy and ano-rectal manometry.

NHS trust base: Barking, Havering and Redbridge

Dr Javid Subhani

Complex endoscopy, EMR (endoscopic removal of bowel growths avoiding surgery), quality and comfort in colonoscopy.

NHS trust base: Basildon and Thurrock

Dr Mathias Toth

Geriatric care, osteoporosis, hypertension, falls risks.

NHS trust base: Dartford and Gravesham

General surgery

Mr Anwar Ahmad

Hernia surgery, gallbladder/gallstone removal, anal fissure surgery, anal fistula surgery, bowel surgery, colostomy and ileostomy.

Colonoscopy, gastroscopy, flexible sigmoidoscopy and paediatrics.

NHS trust base: Basildon and Thurrock

Mr Aman Bhargava

Advanced laparoscopic surgery for colorectal cancer, antireflux surgery, anal disease, gallbladder disease, laparoscopic surgery.

NHS trust base: Barking, Havering and Redbridge

Mr Wayne Chicken

Breast surgery, gynaecomastia, minimal access surgery, hernia, gallbladder disease, excision of pilonidal sinus and suture/skin graft.

NHS trust base: Basildon and Thurrock

Mr Vijay Gadhvi

Endovascular surgery, carotid disease, diabetic/peripheral vascular disease.

NHS trust base: Basildon and Thurrock

Mr Sabu Jacob

Venefit™ treatment for thread veins including facial veins, carotid surgery, angioplasty and by-pass for lower limb arterial disease, laparoscopic surgery.

NHS trust base: Barking, Havering and Redbridge

Mr Taleb Jedly

Thyroid and parathyroid surgery, laparoscopic surgery including groin hernia, vascular surgery including varicose veins.

NHS trust base: Basildon and Thurrock

Mr Stavros Karamanakos

General and upper GI surgery including gallbladder surgery, small bowel surgery, stomach surgery, appendicectomy and hernia repairs including inguinal, femoral and abdominal wall hernias.

NHS trust base: Basildon and Thurrock

Mr Laeeq Khan

Minimally invasive/laparoscopic surgery for hernias, gall bladder, colorectal cancer, inflammatory bowel and diverticular disease. Specialist treatments for haemorrhoids, anal fistulas, anal fissures and pilonidal sinus disease, endoscopy including colonoscopy and gastroscopy.

NHS trust base: Basildon and Thurrock

Mr David Khoo

Minimal access oncological surgery, bariatric surgery, laparoscopic gastric band, gastric bypass and sleeve gastrectomy, colonoscopy, endoscopy, gastrointestinal surgery, laparoscopic hernia repair surgery, minimal access surgery.

NHS trust base: Barking, Havering and Redbridge

Mr Kesava Reddy Mannur

Bariatric surgery, laparoscopic gastric band, gastric bypass and sleeve gastrectomy, gallstones (laparoscopic cholecystectomy), laparoscopic fundoplication (to resolve heartburn and reflux).

NHS trust base: Homerton University Hospital

Mr Jayanta Menon

Laparoscopic gallbladder and hernia surgery, varicose vein surgery, renal access surgery.

NHS trust base: Basildon and Thurrock

Mr Dip Mukherjee

Upper gastrointestinal and laparoscopic surgery, gallstones, gastrointestinal cancer, hiatus hernia and antireflux surgery, hernia repair, endoscopy, gastro-oesophageal diseases, colorectal diseases.

NHS trust base: Barking, Havering and Redbridge

Mr Arikoge Ogedegbe

Benign breast problems, breast cancer, breast care, breast surgery, onco-reconstructive breast surgery, endoscopy, general surgery, hernia repair surgery, laparoscopic surgery, paediatrics.

NHS trust base: Barking, Havering and Redbridge

Mr Akin Ojo

Laparoscopic surgery, endocrine surgery, onco-reconstructive breast surgery, gynaecomastia, breast cancer, hernia, lumps and bumps.

NHS trust base: Barking, Havering and Redbridge

Mr Antony Pittathankal

Onco-reconstructive breast surgery, gynaecomastia, cosmetic breast surgery, endocrine surgery, hernia, gallbladder

NHS trust base: Barking, Havering and Redbridge

Mr Mrinal Saharay

Laparoscopic surgery, thyroid surgery including cancers, minimally-invasive parathyroid surgery. Major bowel surgery for both cancers and benign conditions. Haemorrhoidectomy surgery, hernias and endoscopy (colonoscopy and gastroscopy).

NHS trust base: Barking, Havering and Redbridge

Mr A.K. Salih

Onco-reconstructive breast surgery, male breast disease, laparoscopic surgery, lumps, bumps and skin lesions.

NHS trust base: Basildon and Thurrock

Mr Veeranna Shatkar

Abdomen pain, change in bowel habits, laparoscopic surgery, endoscopy and lumps and bumps.

NHS trust base: Barking, Havering and Redbridge

Gynaecology

Miss Seema Bagtharia

Minimally-invasive surgery, dysfunctional uterine bleeding, recurrent miscarriage and infertility, peri-menopausal problems including post-menopausal bleeding and menopausal symptoms.

NHS trust base: Basildon and Thurrock

Mr Yemi Coker

Minimally-invasive surgery, endometriosis, pelvic pain, prolapse, laser surgery, hysteroscopy, all aspects of urogynaecology.

NHS trust base: Barking, Havering and Redbridge

Mr Jitendra Jadhav

Dysfunctional uterine bleeding, menorrhagia, fibroids, endometriosis, subfertility/infertility, male infertility, reproductive medicine, multiple miscarriages, polycystic ovaries, pelvic pain, prolapse, menopause, sterilisation and laparoscopic and hysteroscopic surgery.

NHS trust base: Basildon and Thurrock

Miss Premila Kollipara

Colposcopy, menopause, minimal access surgery, antenatal care, menorrhagia, fibroids, polycystic ovary syndrome, paediatric gynecology.

NHS trust base: Barking, Havering and Redbridge

Mr Mohammad Masood

Menstrual disorders, menopause, minimal access surgery, hormone imbalances and hormone replacement therapy, ovarian cysts, fibroids, prolapse surgery, hysteroscopy.

NHS trust base: Barking, Havering and Redbridge



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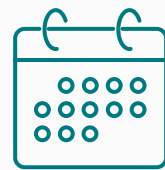
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- General surgery (including hernia repair)
- Men's health
- Orthopaedic surgery
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Miss Debjani Mukhopadhyay

Gynaecological cancers: endometrial, ovarian, cervical, vulval and vaginal, hysteroscopy, abnormal bleeding, Novasure, laparoscopic surgery, fibroids, menopause.

NHS trust base: Barking, Havering and Redbridge

Miss Roopa Nair

Urogynaecology (prolapse and urinary incontinence), hysteroscopy, laparoscopic surgery, menopause, menstrual disorders, hysterectomy, ovarian cysts, general gynaecology.

NHS trust base: Barking, Havering and Redbridge

Mr Ako Nnochiri

Laparoscopic surgery, general gynaecology, fibroids, prolapse repair without the need for hysterectomy, menstrual disorders, hysteroscopy, colposcopy.

NHS trust base: Barking, Havering and Redbridge

Mr Dale Ojutiku

Minimally-invasive surgery, menopause, pelvic floor surgery, menstrual disorders, hysteroscopy, endometriosis.

NHS trust base: Basildon and Thurrock

Miss Aruna Ramineni

Infertility, menstrual problems, pelvic pain, endometriosis, menopause, hysteroscopy, laparoscopic surgery.

NHS trust base: Barking, Havering and Redbridge

Mr Kunal Rathod

Minimal access surgery, endometriosis, hysteroscopy, hysterectomy, pelvic floor surgery.

NHS trust base: Barking, Havering and Redbridge

Miss Mona Sharma

Recurrent miscarriage, menstrual disorders, vulval disorders, postmenopausal health, pelvic scanning, colposcopy, hysteroscopy and laparoscopic procedures.

NHS trust base: Barking, Havering and Redbridge

Mrs Vidya Thakur

Foetal growth ultrasound, laparoscopy, hysteroscopy, prolapse surgery.

NHS trust base: Mid Essex

Mr Yatin Thakur

Minimally-invasive surgery, colposcopy, hysteroscopy, laparoscopic surgery, urogynaecology, infertility.

NHS trust base: Basildon and Thurrock

Mr Rajiv Varma

Prolapse surgery, menstrual disorders, pelvic pain, gynaecological cancer, colposcopy, urogynaecology.

NHS trust base: Private patients only

H

Haematology

Dr Parag Jasani

Fast track diagnosis for myeloma, myelodysplastic syndromes (MDS), thrombosis, lymphoma, Leukaemia.

NHS trust base: Royal Free London

N

Neurology

Dr Imtiaz Ahmed

Movement disorders, Parkinson's disease, dementia, stroke and cerebrovascular diseases, epilepsy, headache, treatment for cervical dystonia, blepharospasm, hemifacial spasm, Siallorrhoea in Parkinson's disease and spasticity.

NHS trust base: Colchester Hospital

Dr Rudy Capildeo

Headache/migraine, Parkinson's disease, spinal disorders, multiple sclerosis, stroke medicine, epilepsy, Alzheimer's disease.

NHS trust base: Private patients only

Dr Rajith de Silva

General neurology, neurodegeneration (including ataxia), neurogenetics, neuroobstetrics.

NHS trust base: Barking, Havering and Redbridge

Professor Christopher Hawkes

Headache, dizziness, epilepsy, muscle and nerve disorders, smell and taste problems, stroke, multiple sclerosis, Parkinson's disease.

NHS trust base: Private patients only

Neurophysiology

Dr Nizar Muhammed

EMG and nerve conduction studies, EEG, visual, auditory and sensory evoked potentials. Consultant referrals only.

NHS trust base: Barking, Havering and Redbridge

Neurosurgery

Mr Karoly David

Sciatica, brachialgia, simple and complex spine surgery, kyphoplasty peripheral nerve entrapment, neuroendoscopy.

NHS trust base: Barking, Havering and Redbridge

Mr Habib Ellamushi

Brain tumours, degenerative spine, lumbar spine disorders, pain management, key hole and minimal access spinal surgery.

NHS trust base: Barts Health NHS Trust, Royal London Hospital

Mr Anthony Ghosh

Back pain, degenerative spine and disc disease, tumours, deformity, sciatica, neck and arm pain. Vascular disorders of the brain and spine; aneurysms, brain arteriovenous malformations, cavernomata and dural arteriovenous fistulas.

NHS trust base: Barking, Havering and Redbridge

Mr Jonathan Pollock

Brain tumours, pituitary gland surgery, skull base surgery, cervical and lumbar spine problems, ulnar nerve disorders.

NHS trust base: Barking, Havering and Redbridge

Mr Raghu Vindlacheruvu

Sciatica, spondylosis, degenerative disease, brain disease: vascular, trauma, tumours, hydrocephalus.

NHS trust base: Barking, Havering and Redbridge

O

Oncology

Dr Hafiz Algurafi

Breast, gynaecological, skin.

NHS trust base: Southend

Dr Abby Cyriac

Urology, upper gastrointestinal, gynaecological, head, neck and lung.

NHS trust base: Southend

Dr M. Rafiqul Islam

Bowel, gastrointestinal, lung, cancer of unknown primary.

NHS trust base: Southend and Mid Essex

Dr Awais Jalil

Breast, urology.

NHS trust base: Basildon and Thurrock

Dr Naveed Sarwar

Breast, prostate, urology, colorectal.

NHS trust base: Imperial College Healthcare

Dr Eliot Sims

Breast.

NHS trust base: Barking, Havering and Redbridge

Dr David Tsang

Prostate, urology, upper and lower GI.

NHS trust base: Southend

Ophthalmology

Ms Poorna Abeysiri

Cataract surgery including complex cataracts, general ophthalmology, glaucoma, dry eyes and blepharitis.

NHS trust base: Barking, Havering and Redbridge

Professor Rajesh Aggarwal

Cataract removal surgery, eyelid cyst surgery, corneal and external eye disease, glaucoma treatment.

NHS trust base: Southend University Hospitals Basildon and Thurrock

Miss Zahra Ashena

Cataract removal surgery, eyelid cyst surgery, glaucoma treatment, laser eye treatment (yag laser capsulotomy) and refractive lens exchange surgery.

NHS trust base: Barking, Havering and Redbridge

Mr Alex Baneke

Cataract removal surgery, laser eye treatment (yag laser capsulotomy), cyclodiode laser, glaucoma surgery, revision of previous failed glaucoma surgery and selective laser trabeculoplasty.

NHS trust base: Southend

Mr Oliver Bowes

Refractive cataract surgery, modern corneal transplantation, corneal surface procedures, YAG laser treatments, corneal collagen cross-linking and laser capsulotomy.

NHS trust base: Barking, Havering and Redbridge

Mr Aman Chandra

Age-related macular degeneration treatment, cataract removal surgery, chalazion (inner eyelid cyst) removal, macular hole surgery and retinal detachment surgery.

NHS trust base: Southend

Mr Jag Chawla

Small incision cataract surgery, lacrimal disorders, eyelid cancer and reconstruction, corneal and external eye disease, glaucoma, YAG laser treatments, blepharoplasty.

NHS trust base: Private patients only

Professor Charles Claoue

Cataract surgery including multifocal lenses, glaucoma, dry eye, YAG laser treatments, corneal surgery, viral eye disease, refractive surgery for myopia, hypermetropia, astigmatism and presbyopia.

NHS trust base: Private patients only

Mr Vernon Geh

Phacoemulsification cataract surgery, paediatric ocular disorders, adult/paediatric squint management, motility disorders with adjustable suture surgery or botulinum toxin. All general eye complaints.

NHS trust base: Southend University Hospital

Mrs Mahboub Hawkes

Age-related macular degeneration treatment, cataract removal surgery, eyelid cyst surgery, blepharoplasty and Intra-Ocular lens replacement.

NHS trust base: Private patients only

Mr Niaz Islam

Cataract surgery including multifocal lenses, retina and macular diseases, laser and intravitreal injections.

NHS trust base: Moorfields Eye Hospital

Mr Niral Karia

Cataract surgery, diabetic eye disease, eyelid problems, glaucoma treatment, macular degeneration, retinal disease, vitreo-retinal surgery.

NHS trust base: Basildon and Thurrock and Southend

Mr Ayman Khaier

Neuro-ophthalmology, paediatric ophthalmology, complex squint and cataract surgery, eyelid cyst, eyelid ptosis and corneal pathology.

NHS trust base: Barking, Havering and Redbridge

Mr Gerassimos Lascaratos

Cataract surgery, glaucoma treatment, general ophthalmology.

NHS trust base: King's College Hospital

Ms Silvana Madi

Cataract surgery, corneal and external eye disease, dry eye diseases, glaucoma treatment, lacrimal disorders, refractive surgery, oculoplastic surgery.

NHS trust base: Princess Alexandra Hospital NHS Trust

Professor James Myerscough

Laser assisted cataract surgery, spectacle independence, dry eye disease, eyelid surgery, complex cataract surgery, corneal transplantation, keratoconus, general ophthalmology.

NHS trust base: Basildon and Thurrock and Southend

Orthopaedics

Mr Ashok Acharya

Minimally-invasive foot and ankle surgery, keyhole bunion corrective surgery, forefoot surgery, ankle arthroscopy and surgery, paediatric orthopaedics.

NHS trust base: Barking, Havering and Redbridge

Mr Nurul Ahad

Hip replacement and hip revision surgery, knee ligament surgery, knee arthroscopy, knee replacement, foot and ankle surgery, bunion removal and treatment, general hand surgery.

NHS trust base: North East London NHS Treatment Centre

Mr Hasan Ahmed

Shoulder stabilisation, rotator cuff repair, elbow surgery, shoulder replacement, nerve compression, paediatric orthopaedics.

NHS trust base: Barts Health NHS Trust

Mr Adil Ajuied

Knee and sports knee conditions including ACL, meniscal repair, HTO, TKR, all ligament injuries, paediatric knee, revision ligament reconstruction.

NHS trust base: Guy's and St Thomas'

Mr Mahesh Akula

Back pain, degenerative spine, lumbar spine disorders, neck pain, osteoarthritis, pain management, spinal surgery.

NHS trust base: Basildon and Thurrock

Mr Ahmad Ali

Arthroscopy, keyhole surgery and minimally invasive partial and total knee replacement, computer navigated knee replacement, ACL reconstruction, ligaments and soft tissue repair, paediatric orthopaedics.

NHS trust base: Barking, Havering and Redbridge

Mr Ali Al-Sabti

Shoulder arthroscopy, shoulder replacement and resurfacing, arthroscopic subacromial decompression, arthroscopic rotator cuff repair, arthroscopic stabilisation and arthroscopic treatment of frozen shoulder, hand and elbow conditions.

NHS trust base: Private patients only

Mr Karam Al-Tawil

Upper limb, Hand & Wrist, carpal tunnel syndrome surgery, dupuytren's contracture, ganglion removal surgery, joint manipulation treatment, Joint pain treatment (joint injections), rotator cuff repair, shoulder arthroscopy, shoulder replacement surgery, shoulder stabilisation, trigger finger release.

NHS trust base: Barking Havering and Redbridge

Mr Amit Bhargava

Achilles tendon injuries, ankle sprain treatment, ankle surgery, arthritis, bunion surgery, deformity correction, sports injuries, paediatric orthopaedics.

NHS trust base: Barking, Havering and Redbridge

Mr Robert Carew

Medical management and surgery for neck and back pain and spinal disorders, including lumbar stabilisation, disc replacement and fusion.

NHS trust base: Private patients only

Mr Kuen Chin

Arthroscopic (keyhole) surgery for upper limb sports injury; ligament and tendon repair and reconstruction in shoulder, elbow, hand and wrist; shoulder replacement; small joint replacement in hand and wrist.

NHS trust base: Barking, Havering and Redbridge

Mr Jerome Davidson

Hip replacement, custom hip replacement, ceramic bearings in hip replacement, revision hip replacement, sickle cell hip disease, avascular necrosis of the hip, multimorbidity and hip replacement, metastatic disease of the hip and pelvis, hip trauma and periprosthetic hip fracture management.

NHS trust base: Guy's and St Thomas'

Mr John Edwin

Shoulder and wrist arthroscopy for tear, dislocations and sports injuries, shoulder replacement, elbow surgery, carpal tunnel, trigger finger, Dupuytren's release, trauma.

NHS trust base: Basildon and Thurrock

Mr Marc George

Young adult hip disease, hip arthroscopy, hip replacement and hip revision surgery, hip fractures, trauma and metastases. Osteoarthritis. Sports hip and or groin injury.

NHS trust base: Guy's and St Thomas'

Mr Sunil Kumar

All knee surgery including minimally invasive unicompartmental, personalised total knee replacement, patient specific knee implants and sports injuries, paediatric orthopaedics.

NHS trust base: Private patients only

Mr Brian Levack

Lower back pain, hip and knee surgery, arthroscopy, ingrown toe nail surgery.

NHS trust base: Private patients only

Mr Sean Masterson

Minimally invasive hip and unicompartmental knee replacement, early hip and knee arthritis, knee ligament reconstruction, bespoke and patient-specific implant total knee replacements, keyhole surgery and computer navigated joint replacement.

NHS trust base: Barking, Havering and Redbridge

Mr Philip Mathew

Hand surgery, wrist surgery, wrist instability, Kienbock's disease, fractures of the hand and wrist, scaphoid fractures, stiff fingers, arthritis and painful joints of the hand and wrist, wrist arthroscopy (keyhole surgery).

NHS trust base: Barking, Havering and Redbridge

Mr Georgios Mazis

Shoulder and elbow arthroscopy, shoulder replacements, upper limb including hand and wrist trauma, carpal tunnel decompression, cubital tunnel decompression, trigger finger release, Dupuytren's contracture release.

NHS trust base: Barking, Havering and Redbridge

Mr Madhusudhan Raj Nannaparaju

Carpal tunnel syndrome surgery, hip replacement surgery, joint manipulation treatment, joint pain treatment (joint injections), knee arthroscopy surgery, knee ligament surgery and knee replacement.

NHS trust base: Barking, Havering and Redbridge

Mr Asif Parkar

Knee arthroscopy, sports knee injuries (meniscal management, ACL, multi-ligament injuries), partial (UNI) and total knee replacement, total hip replacement through direct anterior approach (DAA), revision knee and hip replacement, computer assisted and robotic joint replacement, patella instability (MPFL & extensor mechanism realignment), joint preservation surgery (osteotomy around knee).

NHS trust base: Barking, Havering and Redbridge

Mr Harbhajan Plaha

Hip and knee replacement, lower limb reconstructive surgery, arthroscopic knee surgery, foot conditions (bunions, Morton's neuroma, toe deformities), hand conditions (carpal tunnel, Dupuytren's, trigger finger, ganglion).

NHS trust base: Private patients only

Mr Anil Prasanna

Union removal and treatment, carpal tunnel syndrome surgery, Dupuytren's contracture, ganglion removal surgery, ingrown toenail surgery, joint pain treatment (joint injections) and trigger finger release.

NHS trust base: TBC

Mr Ravindran Kuzhupilly Ranjith

Knee replacement surgery including revisions, partial knee replacements, personalised knee replacements, primary hip replacement, ACL reconstruction, arthroscopic surgery and bunion surgery.

NHS trust base: Barking, Havering and Redbridge

Mr Ravi Ray

Sports and trauma surgery to the shoulder and elbow. Shoulder replacements, shoulder dislocations, rotator cuff tears, tendon repairs, upper limb arthroscopy surgery, elbow surgery, carpal tunnel, trigger finger release, Dupuytren's contracture release.

NHS trust base: Barking, Havering and Redbridge

Mr Shahrier Sarker

Dupuytren's disease, carpal and cubital tunnel syndrome, ganglion, thumb base arthritis and replacement, wrist arthritis and replacement, wrist arthroscopy, arthritis of the fingers, scaphoid fractures, ligament injuries, sports injuries, trigger finger.

NHS trust base: Mid Essex

Mr Shivakumar Shankar

Computer navigation assisted total hip and knee replacement, hip revision surgery, knee surgery, osteoarthritis, soft tissue injuries.

NHS trust base: Barking, Havering and Redbridge

Mr Mohammad Shoab

Complex hip and knee replacement and revision surgery, hip and knee surgery for young adults, uni-compartmental knee replacement, ACL reconstruction.

NHS trust base: Basildon and Thurrock

Mr Alagappan Sivaraman

Spinal disorders and interventional pain management, coccyx pain, neck pain, balloon kyphoplasty, cervical disc replacement, paediatric orthopaedics.

NHS trust base: Private patients only

Mr John Targett

Revision knee surgery, personalised total knee replacement. ACL reconstruction, arthroscopic knee surgery.

NHS trust base: Private patients only

Mr Saket Tibrewal

Joint manipulation treatment, joint pain treatment, knee arthroscopy surgery, knee ligament surgery and knee replacement. Biological management of arthritis, cartilage repair and regeneration, ConforMIS customised total knee replacement and patella stabilisation.

NHS trust base: Mid and South Essex

Mr Dimitrios Tsekas

Shoulder and elbow arthroscopy, sports injuries and tendon repairs, shoulder and elbow ligament reconstructions, shoulder replacements, carpal tunnel decompression, trigger finger release, Dupuytren's contracture release.

NHS trust base: Basildon and Thurrock

Mr Krishna Vemulapalli

Achilles tendon problems, ankle injuries, bunion surgery, lesser toes problems, ankle replacements, sports injuries, complex foot and ankle reconstructions. General trauma and paediatric orthopaedic surgery.

NHS trust base: Barking, Havering and Redbridge

P

Pain

Dr Muhammad Ather

Sacro-iliac joint cool radiofrequency denervation, radiofrequency lesioning, disc biacuplasty.

NHS trust base: Barking, Havering and Redbridge

Dr Victor Mendis

Acute myofascial pain, chronic abdominal pain and pelvic pain, complex regional pain syndrome, fibromyalgia, neuropathic pain, atypical chest pain, chronic headaches, persistent postsurgical pain, facial pain.

NHS trust base: Mid Essex

Dr Manojit Sinha

Sciatica, headache/facial pain, postherpetic neuralgia, complex regional pain syndrome, chronic post-surgical pain, cancer pain.

NHS trust base: King's College Hospital NHS Foundation Trust

Plastic

Mr Fateh Ahmad

Arm reduction and arm lift, breast enlargement, breast reduction, mastopexy, ear pinning, eyelid cyst surgery, facelift, inverted nipple surgery, neck lift, nose reshaping and tummy tuck.

NHS trust base: Private patients only

Mr Miles Banwell

All breast surgery, both cosmetic and reconstruction, abdominal surgery, rhinoplasty and facial surgery.

NHS trust base: St Andrew's Centre for Plastic Surgery, Broomfield Hospital

Mr Mark Gittos

Breast reconstruction following breast cancer, skin cancer surgery, breast cancer reconstruction.

NHS trust base: Private patients only

Mr Mat Griffiths

All breast surgery both cosmetic and reconstruction, abdominal surgery, and lymphoedema.

NHS trust base: St Andrew's Centre for Plastic Surgery, Broomfield Hospital

Mr Manu Sood

All aspects of cosmetic surgery for face and body including upper eyelids, face lift, rhinoplasty, breast augmentation/reduction/lift, tummy tuck, liposuction and body contouring, botulinum toxin, injections and fillers. Skin cancer surgery, moles, lumps and bumps. Hand and nerve surgery including joint replacement and reconstruction after injury and congenital abnormalities/carpal tunnel syndrome/Dupuytren's disease.

NHS trust base: St Andrew's Centre for Plastic Surgery, Broomfield Hospital/Barking, Havering and Redbridge

Mr Mak Tare

Full range of cosmetic surgery: upper eyelids, face lift, rhinoplasty, breast augmentation/reduction/lift, tummy tuck, liposuction and body contouring, botulinum toxin injections and fillers. Skin cancer surgery: moles, lumps and bumps. Hand surgery including carpal tunnel syndrome, Dupuytren's disease, arthritis, hand trauma.

NHS trust base: St Andrew's Centre for Plastic Surgery, Broomfield Hospital

R

Radiology

Dr Mohamed Alsewan

Mammography (in conjunction with general/breast surgeons), barium studies.

NHS trust base: Barking, Havering and Redbridge

Dr Faisal Alyas

MSK.

NHS trust base: The Royal National Orthopaedic Hospital

Dr Adikesavalu Anilkumar

Gynaecological imaging, nuclear medicine.

NHS trust base: Basildon and Thurrock

Dr Tom Chan

Cross sectional imaging (US, CT and MRI) with special interests in musculoskeletal and interventional radiology.

NHS trust base: Private patients only

Dr Sanjiv Chawda

Head and neck, videofluoroscopy.

NHS trust base: Barking, Havering and Redbridge

Ms Jo Eastman

Sonographer: gynaecological imaging, aortic aneurysm screening.

NHS trust base: Private patients only

Dr Mohammed Elsayad

Musculo-skeletal including injections, gastrointestinal, gynaecology and paediatrics.

NHS trust base: Barking, Havering and Redbridge

Dr Ahmed Elowaidy

Specialised in abdominal and pelvic imaging; upper GI, colorectal, hepatobiliary, gynae and urology. In addition to oncology radiology, neuroimaging and general cross sectional imaging, agnostic radiology.

NHS trust base: Guy's and St Thomas's

Dr Trevor Gaunt

Diagnostic radiology.

NHS trust base: University College London

Dr Apala Swamy Gedela

Diagnostic, cardiothoracic, cardiovascular, cardiac, thoracic and vascular radiology. Cardiac MRI. Cardiac CT, CT gated coronary angiography, CT gated aorta, complex gated CT, TAVI CT, HRCT chest, oncology thoracic CT.

NHS trust base: Essex Cardiothoracic Centre and Basildon and Thurrock

Dr Ayshea Hameeduddin

Oncology Imaging particularly Gynaecological and Urological imaging.

NHS trust base: Barts Health NHS Trust

Dr Rumana Hossain

Ultrasound and CT guided injections.

NHS trust base: Basildon and Thurrock

Dr Sami Khan

Cross-sectional imaging.

NHS trust base: Basildon and Thurrock

Dr Sidath Liyanage

Gynaecology, oncology, urology.

NHS trust base: Southend

Dr Qaiser Malik

Cardiac CT and MRI.

NHS trust base: Basildon and Thurrock

Dr Harish Nagraj

Diagnostic radiology, musculoskeletal radiology, MSK intervention, sports injury imaging.

NHS trust base: Barking, Havering and Redbridge

Dr Asif Naleem

CT; abdominal, urinary MRI; head, brain, spine, trunk.

NHS trust base: Basildon and Thurrock

Dr Thaj Rehman

Mammography (in conjunction with general/breast surgeons).

NHS trust base: Basildon and Thurrock

Dr Nikolaos Sanoudos

Vascular ultrasound.

NHS trust base: Mid Essex

Dr Imran Syed

Genitourinary; interventional.

NHS trust base: Basildon and Thurrock

Dr Kumari Wijayasundara

Diagnostic radiology, abdomen/pelvis, neck and axillae, breast.

NHS trust base: Barking, Havering and Redbridge

Dr Ali Zaman

Diagnostic radiology.

NHS trust base: Barking, Havering and Redbridge

Rheumatology

Dr Dayavathi Ashok

Early arthritis, soft tissue rheumatism, osteoarthritis, neck and back pain, carpal tunnel syndrome, osteoporosis and widespread pain syndromes.

NHS trust base: Mid Essex

Dr Anurag Bharadwaj

Connective tissue diseases, vasculitis, regional pain syndromes, e.g. shoulder, back and foot pain, paediatric rheumatology.

NHS trust base: Basildon and Thurrock

Dr Nagui Gendi

Connective tissue and other multisystem rheumatic diseases, work related upper limb disorders, foot disorders and musculoskeletal ultrasound, paediatric rheumatology.

NHS trust base: Basildon and Thurrock

Dr Christopher Kelsey

Inflammatory arthritis, gout, systemic lupus erythematosus, Paget's disease, shoulder disorders, repetitive strain injury, hypermobility, soft tissue rheumatism, spinal disorders, paediatric rheumatology.

NHS trust base: Private patients only

Dr Neil Perera

Back pain, Fibromyalgia, gout, lupus, osteoarthritis, osteoporosis and rheumatoid arthritis.

NHS trust base: Barking, Havering and Redbridge

Dr Euthalia Roussou

Back pain, spondyloarthropathies, rheumatoid arthritis, connective tissue diseases, arthritis in pregnancy.

NHS trust base: Barking, Havering and Redbridge

S

Sports and exercise medicine

Dr Chris Jones

Non-surgical management of all musculoskeletal and sports related injuries.

NHS trust base: Private patients only

Dr James Noake

Non-surgical management of all musculoskeletal and sports related injuries.

NHS trust base: Private patients only

U

Urology

Mr Pete Acher

PSA, diagnosis, biopsy, urological cancers, prostate disease, urinary tract infections, sexual dysfunction, prostate cancer diagnostics including MRI guided transperineal prostate biopsy, prostate brachytherapy, kidney stones, HoLEP, cystoscopy, UroLift and management of male urinary symptoms.

NHS trust base: Southend

Mr Adam Alleemudder

Benign prostate treatments, bladder investigations, bladder lesion removal, cancer tests, circumcision, endourology for kidney stones, Hydrocele surgery and kidney stones treatment.

NHS trust base: Barking, Havering and Redbridge

Mr Andrew Ballaro

Supine percutaneous nephrolithotomy (PCNL), endourology, laparoscopy for kidney problems, minimally invasive surgery, Rezum treatment for Benign Prostate Hyperplasia (BPH).

NHS trust base: Barking, Havering and Redbridge

Professor Jayanta Barua

Bladder dysfunction, incontinence, urodynamics, oncology, male infertility, sexual dysfunction, prostate cancer including HIFU treatment, Paediatric male urology.

NHS trust base: Barking, Havering and Redbridge

Mr Shiv Bhanot

Prostate enlargement, urolift, rezum, holep, TURP (plasmakinetic) and memocath, prostate cancer, bladder cancer, kidney stones, female urology including urinary infections and urinary incontinence, erectile dysfunction.

NHS trust base: Barking, Havering and Redbridge

Mr Sandy Gujral

Uro-oncology, minimal access surgery, female urology, Uro-oncology, minimal access surgery, female urology, urodynamics, kidney cancer, prostate cancer, paediatric urology.

NHS trust base: Barking, Havering and Redbridge

Mr Anand Kelkar

Robotic arm assisted laparoscopic prostatectomy and nephrectomy, prostate and kidney cancer, haematuria, benign prostate disease, female urology, incontinence.

NHS trust base: Barking, Havering and Redbridge

Mr Peter Pietrzak

Bladder lesion removal, circumcision, epididymal cysts removal, kidney stones treatment, prostatectomy, prostate surgery, stress urinary incontinence and vasectomy.

NHS trust base: Southend

Mr Ramachandran Ravi

Urological cancers and laparoscopy, benign prostate diseases, testicular conditions, bladder reconstruction.

NHS trust base: Basildon and Thurrock

Mr Anil Vohra

Holmium laser prostatectomy, men's health problems, female urology, endoscopy, minimal access surgery for kidney stones and laparoscopic surgery.

NHS trust base: Basildon and Thurrock

Mr Karan Wadhwa

Benign Prostatic Hyperplasia, disorders of the penis and scrotum, pelvic/bladder pain (male and female), urinary tract infections and incontinence, kidney and bladder stone disease, vasectomy, investigation and diagnosis of blood in urine, PSA blood test and prostate cancer diagnosis, keyhole surgery for kidney conditions.

NHS trust base: Mid Essex

Index

A

Mr Maged Abdelkader	ENT	15
Ms Poorna Abeysiri	Ophthalmology	20
Mr Ashok Acharya	Children's and young people	11
Mr Ashok Acharya	Orthopaedics	21
Mr Pete Acher	Urology	25
Professor Rajesh Aggarwal	Ophthalmology	20
Mr Nurul Ahad	Orthopaedics	21
Mr Anwar Ahmad	General surgery	16
Mr Fateh Ahmad	Children's and young people	11
Mr Fateh Ahmad	Plastic	23
Mr Hasan Ahmed	Children's and young people	11
Mr Hasan Ahmed	Orthopaedics	21
Dr Imtiaz Ahmed	Neurology	19
Mr Adil Ajuied	Children's and young people	11
Mr Adil Ajuied	Orthopaedics	21
Dr Javed Akhtar	Cardiology	10
Mr Mahesh Akula	Orthopaedics	21
Mr Adam Alleemudder	Urology	25
Mr Ali Al-Sabti	Orthopaedics	21
Dr Hafiz Algurafi	Oncology	20
Mr Ahmad Ali	Children's and young people	11
Mr Ahmad Ali	Orthopaedics	21
Professor Ahmed Allam	ENT	15
Dr Mohamed Alsewan	Radiology	23
Dr Faisal Alyas	Radiology	23
Dr Adikesavalu Anilkumar	Radiology	23
Miss Zahra Ashena	Ophthalmology	20
Dr Dayavathi Ashok	Rheumatology	24
Dr Waseem Ashraf	Gastroenterology, general medicine, renal & respiratory medicine	16
Dr Muhammad Ather	Pain	23

B

Miss Seema Bagtharia	Gynaecology	17
Mr Andrew Ballaro	Urology	25
Mr Alex Baneke	Ophthalmology	20
Mr Miles Banwell	Plastic	23
Professor Jayanta Barua	Children's and young people	11
Professor Jayanta Barua	Urology	25
Dr Edward Bettany	Children's and young people	11
Dr Edward Bettany	Gastroenterology, general medicine, renal & respiratory medicine	16
Mr Shiv Bhanot	Urology	25
Dr Anurag Bharadwaj	Children's and young people	11
Dr Anurag Bharadwaj	Rheumatology	24
Mr Aman Bhargava	General surgery	16
Mr Amit Bhargava	Orthopaedics	21
Mr Oliver Bowes	Ophthalmology	20

C

Dr Rudy Capildeo	Children's and young people	11
Dr Rudy Capildeo	Neurology	19
Mr Robert Carew	Orthopaedics	21
Dr Tom Chan	Radiology	23
Mr Aman Chandra	Ophthalmology	20
Professor Paul Chatrath	Children's and young people	11
Professor Paul Chatrath	ENT	15
Dr Sanjiv Chawda	Radiology	23
Mr Jag Chawla	Ophthalmology	20
Mr Wayne Chicken	Breast	10
Mr Wayne Chicken	General surgery	16
Mr Kuen Chin	Orthopaedics	21
Miss Hoi-Yi Ching	Children's and young people	11
Miss Hoi-Yi Ching	ENT	15

Prof. Chitta Chowdhury	ENT	15
Professor Charles Claoue	Ophthalmology	20
Mr Yemi Coker	Gynaecology	17
Mrs Nicole Croft-O'Halloran	Dietician	15
Dr Abby Cyriac	Oncology	20

D

Mr Karoly David	Neurosurgery	20
Mr Jerome Davidson	Orthopaedics	21
Dr Simon Davison	Children's and young people	11
Dr Simon Davison	Dermatology	14
Dr Rajith de Silva	Neurology	19
Professor Andrew Deaner	Cardiology	10
Miss Sascha Dua	Breast	10
Dr Jason Dungu	Cardiology	10

E

Ms Jo Eastman	Radiology	23
Mr John Edwin	Orthopaedics	22
Mr Habib Ellamushi	Neurosurgery	20
Dr Ahmed Elowaidy	Radiology	24
Dr Mohammed Elsayad	Radiology	23

F

Dr Ibrahim Fahal	Gastroenterology, general medicine, renal & respiratory medicine	16
Mr George Fayad	Children's and young people	11
Mr George Fayad	ENT	15
Dr William Fickling	Gastroenterology, general medicine, renal & respiratory medicine	16

G

Mr Vijay Gadhvi	General surgery	17
Dr Minal Gandhi	Children's and young people	11
Dr Trevor Gaunt	Radiology	24
Dr Apala Swamy Gedela	Radiology	24
Mr Vernon Geh	Children's and young people	11
Mr Vernon Geh	Ophthalmology	21
Dr Nagui Gendi	Children's and young people	11
Dr Nagui Gendi	Rheumatology	24
Mr Marc George	Children's and young people	11
Mr Marc George	Orthopaedics	22
Dr David Gertner	Gastroenterology, general medicine, renal & respiratory medicine	16
Mr Anthony Ghosh	Neurosurgery	20
Mr Mark Gittos	Plastic	23
Dr Olga Golberg	Dermatology	14
Dr Charlot Grech	Children's and young people	13
Dr Charlot Grech	Dermatology	14
Mr Mat Griffiths	Plastic	23
Mr Sandy Gujral	Children's and young people	13
Mr Sandy Gujral	Urology	25
Dr Abinav (Abs) Gupta	Children's and young people	13
Dr Abinav (Abs) Gupta	Gastroenterology, general medicine, renal & respiratory medicine	16
Dr Sachin Gupta	Gastroenterology, general medicine, renal & respiratory medicine	16
Dr Aashish Gupta	Children's and young people	13

H

Dr Ayshea Hameeduddin	Radiology	24
Prof. Christopher Hawkes	Children's and young people	13
Professor Christopher Hawkes	Neurology	19
Mrs Mahboub Hawkes	Ophthalmology	21
Dr Aye Thida Hline	Cardiology	10
Dr Rumana Hossain	Radiology	24

I

Dr M. Rafiqul Islam	Oncology	20
Mr Niaz Islam	Ophthalmology	21
Mr Wael Ismail	Breast	10

J

Mr Sabu Jacob	General surgery	17
Mr Jitendra Jadhav	Gynaecology	17
Mr Anurag Jain	Children's and young people	13
Mr Anurag Jain	ENT	15
Dr Neeraj Jain	Children's and young people	13
Dr Awais Jalil	Oncology	20
Dr Namita Jasani	Children's and young people	13
Dr Namita Jasani	Dermatology	14
Dr Parag Jasani	Haematology	19
Mr Taleb Jeddy	General surgery	17
Dr Chris Jones	Sports and exercise medicine	24

K

Dr Alamgir Kabir	Cardiology	10
Dr Honer Kadr	Cardiology	10
Dr Gurminder Khamba	Gastroenterology, general medicine, renal & respiratory medicine	16
Mr Stavros Karamanacos	General surgery	17
Mr Niral Karia	Ophthalmology	21
Mr Anand Kelkar	Urology	25
Dr Christopher Kelsey	Rheumatology	24
Mr Ayman Khaier	Children's and young people	13
Mr Ayman Khaier	Ophthalmology	21
Dr Rehman Khan	Endocrinology	15
Mr Laeeq Khan	General surgery	17
Dr Sami Khan	Radiology	24
Mr David Khoo	General surgery	17
Dr Mohsen Khorshid	Dermatology	14
Dr T. W. Koh	Cardiology	10
Miss Premila Kollipara	Children's and young people	13
Miss Premila Kollipara	Gynaecology	17
Professor Bhik Kotecha	Children's and young people	13
Professor Bhik Kotecha	ENT	15
Mr Gaurav Kumar	Children's and young people	13
Mr Gaurav Kumar	ENT	15
Mr Sunil Kumar	Children's and young people	13
Mr Sunil Kumar	Orthopaedics	22
Mr Ravindran Kuzhupilly Ranjith	Orthopaedics	22

L

Mr Gerassimos Lascaratos	Ophthalmology	21
Mr Brian Levack	Orthopaedics	22
Dr Sidath Liyanage	Radiology	24

M

Ms Silvana Madi	Ophthalmology	21
Dr Qaiser Malik	Radiology	24
Mr Kesava Reddy Mannur	General surgery	17
Mr Mohammad Masood	Gynaecology	17
Mr Sean Masterson	Orthopaedics	22
Mr Philip Mathew	Orthopaedics	22
Dr Zia Mazhar	Gastroenterology, general medicine, renal & respiratory medicine	16
Mr Georgios Mazis	Orthopaedics	22
Dr Rohaj Mehta	Dermatology	14
Dr Victor Mendis	Pain	23
Mr Jayanta Menon	General surgery	17
Mr Devesh Misra	Children's and young people	13
Dr Nizar Muhammed	Neurophysiology	20
Dr Dipak Mukherjee	Gastroenterology, general medicine, renal & respiratory medicine	16
Mr Dip Mukherjee	General surgery	17
Miss Debjani Mukhopadhyay	Gynaecology	19
Dr Pushpakaran Munuswamy	Gastroenterology, general medicine, renal & respiratory medicine	16
Prof. James Myerscough	Ophthalmology	21

N

Dr Harish Nagraj	Radiology	24
Miss Roopa Nair	Gynaecology	19
Dr Asif Naleem	Radiology	24
Mr Madhusudhan Raj Nannaparaju	Orthopaedics	22
Mr Ako Nnochiri	Gynaecology	19
Dr James Noake	Children's and young people	13
Dr James Noake	Sports and exercise medicine	24
Ms Lindsay Noakes	Counselling	14

O

Mr Arikoge Ogedegbe	Breast	10
Mr Arikoge Ogedegbe	General surgery	17
Mr Akin Ojo	Breast	10
Mr Akin Ojo	General surgery	17
Mr Dale Ojutiku	Gynaecology	19
Mr Tony Owa	Children's and young people	13
Mr Tony Owa	ENT	15

P

Mr Asif Parkar	Children's and young people	13
Mr Asif Parkar	Orthopaedics	22
Mr Jonathan Philpot	Children's and young people	13
Mr Jonathan Philpott	ENT	15
Dr Neil Perera	Rheumatology	24
Mr Peter Pietrzak	Urology	25
Ms Gail Pinnock	Dietician	15
Mr Antony Pittathankal	Breast	10
Mr Antony Pittathankal	General surgery	17
Mr Harbhajan Plaha	Orthopaedics	22
Mr Jonathan Pollock	Neurosurgery	20
Mr Anil Prasanna	Orthopaedics	22

R

Dr Reshma Rakshit	Gastroenterology, general medicine, renal & respiratory medicine	16
Miss Aruna Ramineni	Gynaecology	19
Mr Kunal Rathod	Gynaecology	19
Mr Ramachandran Ravi	Urology	25
Mr Ravi Ray	Orthopaedics	22
Dr Debi Ray	Children's and young people	13
Dr Thaj Rehman	Radiology	24
Mrs Joanne Robinson	Dietician	15
Dr Euthalia Roussou	Rheumatology	24

S

Mr Mrinal Saharay	General surgery	17
Dr Saad Saheecha	Cardiology	10
Mr A.K. Salih	Breast	10
Mr A.K. Salih	General surgery	17
Dr Johnson Samuel	Gastroenterology, general medicine, renal & respiratory medicine	16
Dr Nikolaos Sanoudos	Radiology	24
Mr Shahrier Sarker	Orthopaedics	22
Dr Naveed Sarwar	Oncology	20
Dr Jasmine Shingadia	Counselling	14
Mr Shivakumar Shankar	Orthopaedics	22
Miss Mona Sharma	Gynaecology	19
Mr Veeranna Shatkar	General surgery	17
Mr Mohammad Shoaib	Children's and young people	14
Mr Mohammad Shoaib	Orthopaedics	22
Dr Eliot Sims	Oncology	20
Dr Leena Sinha	Children's and young people	14
Dr Leena Sinha	Gastroenterology, general medicine, renal & respiratory medicine	16
Dr Manojit Sinha	Pain	23
Mr Alagappan Sivaraman	Children's and young people	14
Mr Alagappan Sivaraman	Orthopaedics	22
Dr Rajiv Sood	Children's and young people	14
Mr Manu Sood	Children's and young people	14
Mr Manu Sood	Plastic	23
Dr Nemanja Stojanovic	Endocrinology	15
Dr Javaid Subhani	Gastroenterology, general medicine, renal & respiratory medicine	16
Dr Geeta Subramanian	Children's and young people	14
Dr Imran Syed	Radiology	24

T

Mr Mak Tare	Plastic	23
Mr John Targett	Orthopaedics	22
Ms Kate Tomlinson	Dietician	15
Mr Karam Al-Tawil	Orthopaedics	21
Mrs Vidya Thakur	Gynaecology	19
Mr Yatin Thakur	Gynaecology	19
Mr Saket Tibrewal	Orthopaedics	22
Dr Mathias Toth	Gastroenterology, general medicine, renal & respiratory medicine	16
Dr David Tsang	Oncology	20
Mr Dimitrios Tsekis	Orthopaedics	23

V

Mr Rajiv Varma	Gynaecology	19
Mr Krishna Vemulapalli	Children's and young people	14
Mr Krishna Vemulapalli	Orthopaedics	23
Mr Raghu Vindlacheruvu	Neurosurgery	20
Mr Anil Vohra	Urology	25

W

Mr Karan Wadhwa	Urology	25
Dr Kumari Wijayasundara	Radiology	24

Z

Dr Ali Zaman	Radiology	24
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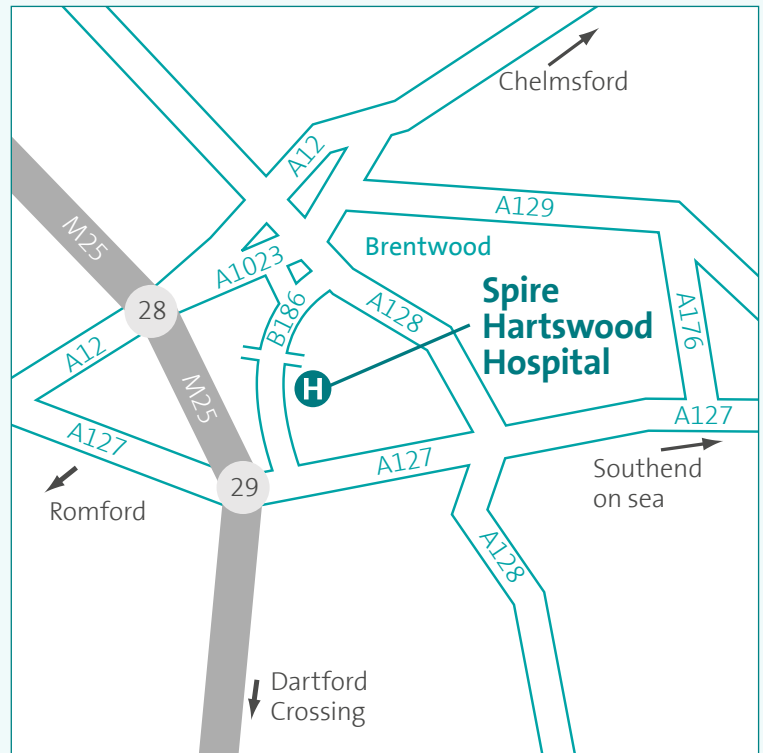
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