



Spire

Alexandra Hospital

# 2024 Consultant directory

Expert healthcare for your patients

*Looking after you.*

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# Contacts

## Hospital contacts

### Main hospital

Phone: 01634 687 166

### Outpatient bookings

Phone: 01634 662 822

### Self-pay patient enquiries and bookings

Phone: 01634 662 866

### Diagnostic imaging

Phone: 01634 662 863

### Pharmacy

Phone: 01634 662 872

### Physiotherapy

Phone: 01634 662 861

### Wards

Copperfield Ward: 01634 662 821

Pickwick Ward: 01634 662 844

### NHS referrals

Phone: 01634 662 809

## Key contacts

### Hospital Director

Phone: 01634 662 810

### Director of Clinical Services

Phone: 01634 662 810

### GP Liaisons

Phone: 07513 727 004

Phone: 07733 011 172



Spire Alexandra Hospital is like a big family and has some of the best people and facilities in the region.

**Mr Abdul Kasem**, Consultant General Surgeon at Spire Alexandra Hospital

## About Spire Alexandra Hospital

At Spire Healthcare we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently achieve excellent results, in a safe and secure environment. For us it's more than just treating patients, it's about looking after people, and the safety of our patients and colleagues is our number one priority.

### It's our people that really set us apart

We know that you insist on the highest standards of care for the patients who put their trust in you, and you can be sure that our team will continue that care. For us it's more than just treating patients, it's about giving patients, their family and friends the most positive experience we possibly can in our hospital.

### Our consultants

Every consultant working at Spire Alexandra Hospital is on the specialist register of the General Medical Council and has met our practising privileges criteria. We know continuity of care is important. Once a patient has chosen his or her consultant, we will make sure that he or she is looked after by the same consultant, from the first appointment and throughout all treatment and follow-up care.

### Our nursing staff

All our nurses are highly qualified and dedicated to caring for patients in a professional manner. For ultimate reassurance, we have a fully trained clinical team equipped to deal with medical emergencies 24 hours a day.

### All the facilities you'd expect and more

- Our 25 private rooms are set in pleasant surroundings and all have satellite television, free wifi access and personal nurse call system

In addition to our private rooms, we offer:

- 11 consulting rooms
- Two laminar flow operating theatres
- Ambulatory care suite
- Two outpatient treatment rooms
- On-site CSSD – decontamination and sterilisation department
- NJR accredited orthopaedic service
- Breast care nurses
- Pharmacy
- Physiotherapy service
- Diagnostic Imaging service

# How to refer your patients

At Spire Alexandra we are committed to delivering excellent individual care and customer service to all our patients, from the time they first get in touch with us until after their treatment is complete. Our dedicated and highly trained people aim to consistently deliver excellent patient care, in a safe and secure environment. We work to ensure every patient is treated as if they were our own vulnerable relative.

## Self-funding patients

Self-funding patients are able to be seen by a consultant without a GP referral, although a letter is often preferred. We can provide a tailored fixed price inclusive care package\* with no hidden extras on a range of diagnostic tests, treatments and surgical procedures. For more information, please call our Self-pay team on **01634 662 866**.

- 1 Use Spire Connect to upload the referral letter. Call **01634 662 809** if you have any queries.
- 2 Our team will contact your patient to discuss consultants, dates, times and pricing.
- 3 We'll update you on your patients' progress.

## Patients with private medical insurance

A referral letter is generally required from you before any insured patient can be seen by a consultant. Patients can call our bookings team on **01634 662 822** to arrange a convenient appointment.

- 1 Use Spire Connect to refer your patient. All patients using private insurance will need a referral letter.
- 2 Our team will contact your patient to discuss consultants, times and dates.
- 3 Your patient needs to contact their insurer to make sure they are covered for their appointment to see their chosen consultant.
- 4 We'll update you on your patients' progress.

## NHS referrals

Spire Alexandra Hospital provides a range of elective surgical services on behalf of the NHS. Full details of the services provided can be found on, and referrals must be made via, the NHS eReferral system (<https://www.ebs.ncrs.nhs.uk/>).

## Referral letters

Referral letters can be:

- Submitted online at <https://spireconnect.spirehealthcare.com/>
- Emailed with encryption to [alex.appointments@spirehealthcare.com](mailto:alex.appointments@spirehealthcare.com)

## Self-pay

For help in arranging self-funded consultations and treatment, including guide prices for investigations and surgery, please ask patients to contact our self-pay team on:

Phone: **01634 662 866**

Email: **[cservice-al@spirehealthcare.com](mailto:cservice-al@spirehealthcare.com)**

Our fixed price packages\* offer the following benefits:

- No waiting lists
- Fast access to leading consultants
- Treatment dates to suit the patient
- Personalised support and care

Typical treatments that can be self-funded:

- Back pain treatment
- Cataract surgery
- Cosmetic surgery
- CT, MRI and ultrasound scans
- Dermatology
- ENT surgery
- Gynaecological surgery
- Hernia repair
- Knee, hip, or shoulder surgery
- Urology surgery
- Varicose vein treatment

\*Please see a copy of Spire Healthcare's patient terms and conditions for full details. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.

## Urgent/unplanned admissions

If you have a specific consultant to refer to and you have their contact details, you can organise this with them directly. Alternatively, you can call us and ask for the 'nurse in charge' of the wards, who will take initial details of the patient and organise the consultant for you.

**The hospital does not have an accident and emergency facility.**



## GP online referral guide

Spire Connect enables practice staff to log in and send secure, instant online referrals to Spire Healthcare hospitals. The system is designed to be as simple and efficient as possible, while protecting all confidential information within secure servers. It's our people that really set us apart.

Visit <https://spireconnect.spirehealthcare.com> or click on Spire Connect from the GP information and resources tab on our website.

### GP registration

When you access Spire Connect for the first time you will be required to register a few personal details to allow you access to the site and grant you permission to make referrals.

The GP information and resources area will also contain information from Spire Healthcare specifically for GPs including news on our forthcoming GP events.

### Making a referral

To make a referral click on the 'Make an online referral' link and complete all relevant details. The referrals for each patient will need to come from the GP making the referral.

### NHS referrals

You may refer patients to Spire Alexandra Hospital under the NHS choice regulations. To see what NHS services are provided and to make a referral, please use the NHS eReferral service (<https://www.ebs.ncrs.nhs.uk/>).

### Imaging and other referral types

You can make referrals for radiological investigations by selecting 'Radiology' under the specialty list. To make a referral for physiotherapy, podiatry, dietetics, psychology etc, select one of these from under 'Allied Health Professionals' in the specialty list.

### Attaching patient notes

It is possible to attach patient notes to the form, however the ease of this will depend on your own patient record software. Take a look at the options available in your software to see if records can be 'exported' or 'saved as' to your desktop. Then from there you can attach them to this form. You will need to save the notes in a common format such as a text or word document (.rtf, .pdf, .doc, .txt), a spreadsheet (.xls or .csv) or an image format (eg .bmp, .jpg). Then click the 'send referral' button at the bottom of the page to submit the referral.

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For more information, please contact us on **07513 727 004 / 07733 011 172**

# GP education

We provide regular GP conferences and evening seminars, which take the form of lectures, Q&As, demonstrations and clinical case presentations by our specialist consultants.

Our events are **free of charge** and are generally evening or half-day sessions to provide flexibility to you.

[How to find out about our events](#)

Search '**Spire Alexandra GP Education**'

Call our Business Team on **07513 727 004 / 07733 011 172**

Email us at [commskentsussex@spirehealthcare.com](mailto:commskentsussex@spirehealthcare.com)

# GP support

Spire Alexandra's onsite teams offer prompt and friendly assistance for GPs and primary care professionals to help you in looking after your patients.

## Primary Healthcare Relationship Managers

Our Primary Healthcare Relationship Managers are responsible for liaising with GP practices and other primary care professionals. Their role is to familiarise you with our services and consultants and to make it as easy as possible for your patients to be seen and treated at Spire Alexandra Hospital.

The team can be contacted on:

Phone: **07733 011 172**

Email: [jessica.foreman@spirehealthcare.com](mailto:jessica.foreman@spirehealthcare.com)

## Self-pay Team

Our self-pay team are here to help with arranging self-pay consultations and treatment, including guide prices for investigations and surgery.

### One-off private treatment at a fixed price\*

- Available for in-patient and day-case procedures, subject to patient pre-assessment
- Normally includes all consultant and hospital fees, out-patient physiotherapy and one follow up appointment
- Treatment of complications\*

Patients can contact the team on:

Phone: **01634 662 866**

Email: [cservice-al@spirehealthcare.com](mailto:cservice-al@spirehealthcare.com)

\*Spire Healthcare patient terms and conditions apply.

# Clinics and services

## Imaging

We have a wide range of on-site imaging facilities including MRI, CT, Ultrasound, X-ray and mammography.

Patients will be contacted within 24 hours of receipt of referral form or letter. Imaging reports are usually sent to the referrer within 48 hours of scanning.

Please note, we are able to accept direct referrals from GPs for most scans.

Opening times

Monday to Friday **8am – 8pm**

Saturday **9am – 2pm**

Services include:

- Abdominal/pelvic imaging
- Arthrography
- Barium studies
- Breast scanning
- CT and MRI urography
- CT scanning including cardiac
- ENT
- General radiography
- Mammography
- MRI
- Musculo-skeletal ultrasound
- Prostate MRI scans
- Scoliosis imaging
- Testicular screening
- Ultrasound (general)
- Ultrasound guided biopsy
- Ultrasound or fluoroscopic guided injections
- Vascular ultrasound studies
- X-ray

## Physiotherapy

Our physiotherapy department can help people regain movement following an illness or injury and is used to treat a wide range of problems. All of our physiotherapists are qualified and benefit from working in our modern, well-equipped hospital.

Opening times

Monday to Friday **7.30am – 8pm**

Physiotherapy services include:

- Acupuncture
- Arthritis
- Back and neck problems
- Manual therapy
- MSK paediatrics (four and above)
- Muscle energy techniques
- Muscle imbalance
- Musculo-skeletal function
- Orthopaedic rehabilitation
- Pelvic health and obstetrics
- Personalised exercise programmes
- Post-operative problems
- Shock wave
- Soft tissue mobilisation
- Spinal and peripheral mobilisations
- Sports injury/physiotherapy
- Taping techniques
- Trigger points

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Phone: **01634 662 861**

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Appointments: **01634 662 863**





# Directory listings

## A

### Audiology

#### Dr Shanmuga Surenthiran

Audiological medicine, neuro-otology, balance disorders, tinnitus, hearing loss (adult and paediatric).

**NHS trust base:** Medway NHS Foundation Trust

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## B

### Breast surgery

#### Mr Ibrahim Ahmed

Breast surgery.

**NHS trust base:** Medway NHS Foundation Trust

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#### Miss Delilah Hassanally

Oncoplastic breast and general surgery, breast cancer, reconstruction, augmentation, reduction, uplift, skin lesions, lumps and bumps.

**NHS trust base:** Medway NHS Foundation Trust

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#### Mr Abdul Kasem

Breast disease, breast cancer, oncoplastic, reconstruction, breast augmentation, breast reduction, mastopexy, lipomodelling.

**NHS trust base:** Kings College Hospital NHS Foundation Trust

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## C

### Cardiology

#### Dr Shaumik Adhya

Arrhythmias (atrial fibrillation, SVT, VT, palpitations, pacemakers), valve disease, cardio-oncology.

**NHS trust base:** Medway NHS Foundation Trust

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#### Dr Evangelos Fountzopoulos

All aspects of cardiology, heart disease and chest pain.

**NHS trust base:** Medway NHS Foundation Trust

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#### Dr Instirsar Mirza

General cardiology, cardiac review and assessment of chest pain, palpitations and breathlessness, ECG and ETT reviews, echocardiography.

**NHS trust base:** East Kent Hospitals University NHS Foundation Trust

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#### Dr Naveen Mudalagiri

Coronary artery disease, valvular heart disease, palpitations, heart failure, hypertension, chest pain, coronary angiography and angioplasty, pacemaker insertion, cardiac CT.

**NHS trust base:** Medway NHS Foundation Trust

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## Cosmetic

#### Mr Samuel Orkar

Cosmetic and reconstructive surgery, body contouring, breast surgery, facial and rejuvenation, skin cancers, microsurgery, hand surgery.

**NHS trust base:** Queen Victoria Hospital NHS Foundation Trust

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## D

### Dermatology

#### Dr Charlot Grech

General dermatology, mole screening and management of skin cancers.

**NHS trust base:** Private patients only

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#### Dr Sonal Shankar

General dermatology, paediatric dermatology, mole checks and management of skin cancer.

**NHS trust base:** Kent Integrated Dermatology Service

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#### Dr Sriramulu Tharakaram

Allergy, dermatology (including paediatric), skin cancer, inflammatory dermatoses, eczema, psoriasis, acne.

**NHS trust base:** Private patients only

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## E

### Endocrinology

#### Dr Siva Sivappriyan

General endocrine problems, lipid disorders, pituitary disorders including growth hormone deficiency, parathyroid disease, all thyroid conditions and adrenal disorders.

**NHS trust base:** Maidstone and Tunbridge Wells NHS Trust

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## ENT

### Mr Adam Gaunt

Adult ENT, thyroid and parathyroid surgery, laryngoscopy investigations, septoplasty surgery, sinus surgery (functional endoscopic sinus surgery or FESS), tonsillectomy, adenoidectomy, Grommets, neck lumps, panendoscopy, parotid and salivary gland surgery, preauricular sinus excision.

**NHS trust base:** Medway NHS Foundation Trust

### Professor Rahul Kanegaonkar

Paediatric and adult ENT, dizziness and vertigo, ear disease, ear surgery, hearing loss and tinnitus.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Jerome Lim

Paediatric and adult ENT, rhinology, snoring, sinus surgery, pinnaplasty, otology.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Manuel Oyarzabal

Paediatric and adult ENT, rhinology, endoscopic sinus surgery (FESS), voice disorders/phonosurgery, pinnaplasty.

**NHS trust base:** Medway NHS Foundation Trust

### Ms Shamin Toma

Paediatric and adult ENT, rhinoplasty, vertigo, balance, pinnaplasty, allergy, sinus surgery, sleep disorders, voice disorders, snoring.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Nav Upile

Adult ENT, otorhinolaryngological procedures, laryngology, laryngoscopy investigations, thyroid surgery, sinus surgery (functional endoscopic sinus surgery or FESS), tonsillectomy, adenoidectomy, grommets, neck lumps, panendoscopy, parotid and salivary gland surgery, preauricular sinus excision.

**NHS trust base:** Medway NHS Foundation Trust

## G

## Gastroenterology

### Dr Bijay Baburajan

Pancreatology, liver disease, irritable bowel syndrome, inflammatory bowel disease, endoscopy, colonoscopy, bowel disease, gastrointestinal cancer, motility disorder.

**NHS trust base:** Maidstone and Tunbridge Wells NHS Trust

### Dr Adrian Barnardo

General gastroenterology (IBS/IBD/abdominal pain), hepatology, bowel cancer screening, flexible sigmoidoscopy.

**NHS trust base:** Maidstone and Tunbridge Wells NHS Trust

### Dr George Bird

Interventional endoscopy, hepatobiliary (surgery), gastroenterology, liver disease and medicolegal work, hepatitis, gastroscopy.

**NHS trust base:** Maidstone and Tunbridge Wells NHS Trust

### Dr Mohammad Zaki Hasan

Adult gastroenterology, endoscopy, inflammatory bowel disease and IBS, nutrition and liver diseases, flexible sigmoidoscopy, pancreatology.

**NHS trust base:** Medway NHS Foundation Trust

### Dr Irfan Khan

Pancreatology, liver disease, irritable bowel syndrome, inflammatory bowel disease, endoscopy, bowel disease, hepatology and therapeutic endoscopies.

**NHS trust base:** Medway NHS Foundation Trust

### Dr Paul Kitchen

Inflammatory bowel disease, bowel cancer screening, endoscopy, hepatology, nutrition, IBS, liver disease.

**NHS trust base:** Medway NHS Foundation Trust

## General medicine

### Dr Maria Acosta

Nuclear medicine - thyroid disease, parathyroid disease, dysthyroid eye disease, nuclear cardiology, metabolic bone diseases mainly osteoporosis.

**NHS trust base:** Medway NHS Foundation Trust

### Dr Maam Mamun

Geriatric medical problems, stroke prevention/treatment/rehabilitation (patients from 16-years upwards).

**NHS trust base:** Medway NHS Foundation Trust

### Dr Paul Ryan

Nuclear medicine - thyroid disorders, osteoporosis, bone and calcium disorders, metabolic bone disease, back pain, arthritis.

**NHS trust base:** Medway NHS Foundation Trust

## General surgery

### Mr Jacek Adamek

Colorectal – general and colorectal, laparoscopic procedures.

**NHS trust base:** Dartford and Gravesham NHS Trust

### Mr Brian Andrews

Vascular – general, vascular, minimally invasive.

**NHS trust base:** Medway NHS Foundation Trust

### Ms Erika Birgiolaite

Colorectal - inguinal hernias (laparoscopic, open), abdominal hernia, laparoscopic cholecystectomy, laparoscopic appendectomy, pilonidal sinus excision, haemorrhoidectomy.

**NHS trust base:** Private patients only

### Mr Waleed Edrees

Vascular – minimally invasive treatment for varicose veins with laser or radiofrequency ablation, carotid surgery, aneurysms, peripheral arterial disease.

**NHS trust base:** Medway NHS Foundation Trust



Spire

Alexandra Hospital

# World-class experts in diagnostics



At Spire Alexandra Hospital you can see leading diagnostic experts in as little as **48 hours** – so you can get better, faster.

Our experienced and highly qualified staff produce quick, accurate results in the comfort of a private hospital.

## Fast, flexible access to diagnosis and treatment

You can access our services when you need them, with appointment times available Monday to Friday to suit you.\*

## Advanced technology

We use the latest, most advanced technology and equipment to help you take the first step towards reclaiming your health.

## Comprehensive range of diagnostic services

- CT scanning
- Mammography
- MRI scanning
- Ultrasound
- X-ray services

**Book to see an expert today**

Search 'Spire Alexandra Hospital'

Call 01634 662 866

\*Timings given are indicative, actual timings may vary based on consultant and tests required.  
\*A referral from your GP or Consultant is required prior to arranging an appointment

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### Mr Muhammad Farooq

Colorectal - hernia surgery, gallbladder/gallstone removal, mole/cyst/skin tag/lump removal, ingrown toenail surgery, thyroidectomy, anal fissure/anal fistula surgery, anal wart removal, haemorrhoid removal treatment, appendix.

**NHS trust base:** Medway NHS Foundation Trust

### Mr William Garrett

Colorectal – minimally invasive, endoscopy, gastrointestinal, biliary, hernia.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Petr Hanek

Colorectal – consultant general and colorectal surgeon with special interest in laparoscopic techniques, hernia repairs and proctology.

**NHS trust base:** Dartford and Gravesham NHS Trust

### Mr Neil Kukreja

Colorectal – laparoscopy, haemorrhoids, fistula, fissure, pilonidal disease, inflammatory bowel disease, colon cancer, hernia, laparoscopic cholecystectomy.

**NHS trust base:** Medway NHS Foundation Trust

## Gynaecology

### Professor Jonathan Duckett

Incontinence, prolapse, menstrual disorders, general gynaecology, sexual health.

**NHS trust base:** Medway NHS Foundation Trust

### Ms Sharon Griffin

Menopause, colposcopy, heavy menstrual bleeding and hormonal disorders, hysteroscopy.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Hany Habeeb

Menstrual disorders, pelvic floor disorders, vulval diseases.

**NHS trust base:** Medway NHS Foundation Trust

### Mr David Penman

Menstrual disorders, PCOS, endometriosis, infertility, general gynaecology.

**NHS trust base:** Private patients only

## H

## Haematology

### Dr Maadh Aldouri

Haematological oncology, thrombosis, bleeding, anaemia, coagulation.

**NHS trust base:** Medway NHS Foundation Trust

## N

## Neurology

### Dr Jonathan Chan

General neurology including headaches, MS, Parkinson's, tremor, epilepsy, neuropathy, young onset of dementia.

**NHS trust base:** Maidstone and Tunbridge Wells NHS Trust

### Dr Mun Sam Chong

Headaches, neuropathic pain, facial pain.

**NHS trust base:** Kings College Hospital NHS Foundation Trust

## O

## Ophthalmology

### Mr Frank Ahfat

Cataract surgery, YAG laser, macular degeneration, retinal diseases, glaucoma, general ophthalmology.

**NHS trust base:** Maidstone and Tunbridge Wells NHS Trust

### Mr Syed Hasan

General ophthalmology, cataract surgery, medical retina conditions, macular degeneration, retinal disease, diabetic eye disease glaucoma, YAG laser and eyelid surgery.

**NHS trust base:** Maidstone and Tunbridge Wells NHS Trust

### Mr Chris Jenkins

Glaucoma, cataract surgery, cornea, macular degeneration, retinal vein occlusion, blepharitis, dry eye.

**NHS trust base:** Maidstone and Tunbridge Wells NHS Trust

### Ms Mona Khandwala

General ophthalmology, phacoemulsification cataract surgery, oculoplastic surgery, lacrimal surgery, cosmetic oculoplastic treatments, refractive surgery.

**NHS trust base:** Maidstone and Tunbridge Wells NHS Trust

## Orthopaedics

### Mr Rahij Anwar

Hip and knee – arthritis, hip replacement, knee replacement, sports injury, patellofemoral issues, ACL.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Kris Chettiar

Hip and knee – hip pain, hip replacement, knee pain (knee arthroscopy or meniscectomy), partial and total knee replacement.

**NHS trust base:** Dartford and Gravesham NHS Trust

### Mr Howard Cottam

Upper limb – hand, wrist, elbow, shoulder, arthroscopic surgery, joint replacement of shoulder and hand joints.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Abjit Dey

Hip and knee – trauma and orthopaedic surgery, knee arthroscopy, arthroscopic knee reconstruction, knee osteotomy, sporting injuries, knee and hip replacement.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Simon Ellis

Knee – arthroscopy, ACL reconstruction, partial or total knee replacement.

**NHS trust base:** Private patients only

### Mr Saman Horriat

Hip and knee – arthritis, arthroplasty, sports injury, hip replacement and knee replacement.

**NHS trust base:** East Kent Hospitals University NHS Foundation Trust

### Mr Rohit Jain

Hip and knee – hip replacement, hip revision, hip injection, hip debridement surgery, knee replacement, revision knee, knee arthroscopy, knee injuries, trauma and lower limb reconstruction.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Sunil Jain

Hip and knee – knee replacement, hip replacement, computer guided and patient specific surgery, knee sports injuries, meniscus and ACL reconstruction, arthroscopic surgery, less invasive surgery, reconstructive surgery, osteotomy, cartilage surgery, Meniscus and ACL reconstruction.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Chan Jeer

Knee – surgery of the knee including total knee replacement, arthroscopy, ACL knee reconstruction, sports medicine and viscosupplementation.

**NHS trust base:** Private patients only

### Mr Manish Kiran

Knee replacement, hip replacement, ACL, MCL, soft tissue injuries for knee, PRP injections, steroid injections in OPD.

**NHS trust base:** Darent Valley NHS Trust

### Mr Mark Norris

Lower limb – large joint arthroplasty, soft tissue knee surgery including arthroscopy, foot and ankle, general trauma and orthopaedics, joint pain treatment.

**NHS trust base:** Dartford and Gravesham NHS Trust

### Mr Raghu Prasad

Shoulder - arthroscopy, joint replacement.

**NHS trust base:** Northern Lincolnshire NHS Trust

### Mr Imran Rafiq

Spinal surgery – complex and minimally invasive surgery, back and neck surgery, spinal injections.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Srinivasa Samsani

Hip and knee – total hip replacement, total knee replacement, minimally invasive hip replacement, revision hip and knee replacement, arthroscopy, sports injuries.

**NHS trust base:** Medway NHS Foundation Trust

### Mr Sajid Shariff

Foot and ankle – arthroscopic ankle surgery, ankle ligament reconstruction, rheumatoid surgery, trauma surgery.

**NHS trust base:** Medway NHS Foundation Trust

### Professor Anan Shetty

Knee surgery – minimally invasive surgery, arthroscopy, ACL reconstruction, cartilage transplant, computer navigated surgery, PSI knee, sports injuries.

### Professor Bijay Singh

Upper limb – hand, wrist, elbow, shoulder, arthroscopic surgery of the shoulder, elbow and wrist, joint replacement of the shoulder and hand joints (MCPJ/PIPJ), thumb arthritis, reconstructive surgery and trauma.

**NHS trust base:** Medway NHS Foundation Trust

### Mr James Smith

Hip and knee – hip replacement surgery, knee replacement surgery, unicondylar knee replacement and knee arthroscopy.

**NHS trust base:** Dartford and Gravesham NHS Trust

### Mr Mike Thilagarajah

Lower limb – hip and knee replacement, foot and ankle surgery, sports and trauma, keyhole arthroscopic surgery for both knee and ankle.

**NHS trust base:** Dartford and Gravesham NHS Trust

### Professor Amit Tolat

Upper limb – arthroscopic surgery of the shoulder/elbow/wrist, joint replacement of shoulder/wrist/hand (MCP + PIP)/thumb (CMC), Dupuytren's surgery/trigger finger/thumb arthritis.

**NHS trust base:** Medway NHS Foundation Trust

## P

## Paediatric medicine

### Mr Robin Abel

Specialist and general paediatric surgery, lumps, bumps and hernia, paediatric gastrointestinal and urological surgery, open, minimal and endoscopic.

**NHS trust base:** Medway NHS Foundation Trust

### Dr Asankha Ranasinghe

Endocrinology and diabetes mellitus, allergy, respiratory medicine, paediatrics, nutrition, paediatric dermatology, paediatric rheumatology, endocrinology, bed wetting, daytime wetting and other bladder problems, constipation, bowel issues and gastroenterology, obesity and weight management.

**NHS trust base:** Medway NHS Foundation Trust

### Dr Chinwe Ude

Epilepsy, general neurology, movement problems, falls and childhood headache disorders.

**NHS trust base:** Medway NHS Foundation Trust



**Spire**

Alexandra Hospital

# Make referrals easy with Spire Connect



Spire Connect serves GPs, practice staff and all other healthcare professionals.

Send referrals securely and instantly using our dedicated referral portal today.

#### With Spire Connect you can:

- Make secure online referrals for a broad range of treatments and services
- Save time and paper
- Refer patients who have health insurance or who want to pay for themselves
- Receive email confirmations once your referral is submitted and processed
- Access sent information at any time
- Find direct contact information for your local Spire Healthcare hospital

**Register to find out more**

Call 01634 662 809

[spireconnect.spirehealthcare.com](https://spireconnect.spirehealthcare.com)

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Spire

Alexandra Hospital

# Expert care every step of the way



The specialists at Spire Alexandra Hospital are leading medical experts, who always put your safety first. When you make an appointment with us, you can be sure that you will receive expert care in a secure environment.

#### Services include:

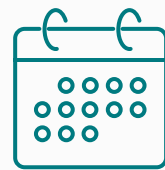
- Arthroscopy
- Grommet insertion
- Hysterectomy
- Joint replacement
- Pain management
- Tonsillectomy
- Varicose vein treatments



We offer **hundreds of tests and treatments**, some of which you can only have privately.



We offer **rapid access** to MRI scans, X-rays and further tests, if you need them.



You can be treated by a specialist of your choice **when it's right for you**.

**Book to see an expert today**

Search 'Spire Alexandra Hospital'

Call 01634 662 866

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## Pain management

### Dr Sandesha Kothari

Back pain, sciatica, facet joint pain, neck pain, pelvic pain, myofascial pain, neuropathic pain, complex regional pain syndrome, post surgical pain.

**NHS trust base:** Medway NHS Foundation Trust

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### Dr Raja Reddy

Radiofrequency ablation of spine and major joints for arthritis, lumbar spinal facet medial branch injections for back pain, cervical spine injections for headaches and neck pain, spine epidurals and nerve root injections for sciatica, PRP injections for tendonitis, neuromodulation for neuropathic pain, nerve injections for post-surgical chronic pain and Botox for chronic migraine and muscle spasms.

**NHS trust base:** Medway NHS Foundation Trust

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## R

## Respiratory

### Dr Ravish Mankragod

Lung function tests, COPD, sleep-related breathing disorders, lung cancer, asthma, interstitial lung diseases.

**NHS trust base:** Maidstone and Tunbridge Wells NHS Trust

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## Rheumatology

### Dr Shrawan Agrawal

All aspects of rheumatology.

**NHS trust base:** Medway NHS Foundation Trust

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### Prof Yasser El-Miedany

Inflammatory arthritis, hand clinic, soft tissue rheumatism, ultrasound guided aspiration and injection, osteoporosis, gout, carpal tunnel syndrome.

**NHS trust base:** Medway NHS Foundation Trust

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### Dr Gerald George

Inflammatory rheumatic disorders, osteoarthritis, osteoporosis, soft tissue rheumatism, medico-legal reports.

**NHS trust base:** Private patients only

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### Dr Abdul Khan

Inflammatory joint diseases, connective tissue diseases, gout, osteoporosis, osteoarthritis, fibromyalgia, soft tissue rheumatology, pain management and back pain, rheumatoid arthritis, spondyloarthropathies (ankylosing spondylitis, psoriatic arthritis), stress related musculoskeletal symptoms.

**NHS trust base:** East Kent Hospitals University NHS Foundation Trust

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### Dr Srinivasan Srirangan

Early and established inflammatory arthritis (RA, spondyloarthropathy including psoriatic arthritis and AS), lupus and connective tissue diseases, soft tissue rheumatism, fibromyalgia and chronic fatigue, back pain, osteoarthritis, gout.

**NHS trust base:** Medway NHS Foundation Trust

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## U

## Urology

### Mr Tahir Bhat

Prostatic diseases, urological cancers, general urological conditions including LUTs, haematuria, raised PSA, renal stones.

**NHS trust base:** Medway NHS Foundation Trust

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### Professor Sangeev Madaan

Prostatic diseases, urological cancers, general urological conditions including LUTs, haematuria, raised PSA, renal stones.

**NHS trust base:** Dartford and Gravesham NHS Trust

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### Mr Howard Marsh

Urological stone disease, upper tract disease and laparoscopy, general urology.

**NHS trust base:** Medway NHS Foundation Trust

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### Mr Shikohe Masood

Prostate disease, female urology, urinary incontinence, video-urodynamics, erectile dysfunction, general urology.

**NHS trust base:** Medway NHS Foundation Trust

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### Professor Matin Sheriff

Uro-oncology, reconstruction, incontinence, laparoscopic surgery (nephrectomies and radical prostatectomies).

**NHS trust base:** Medway NHS Foundation Trust

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# Specialties covered across London, Sussex and Kent

Our Spire hospitals in the London, Sussex and Kent areas work closely together to offer a broader range of treatments. If your nearest Spire hospital does not offer the specialty you are looking for, this guide will show you the nearest hospital that does.

Consultant specialties	Spire Hospital				
	Alexandra	Montefiore	Tunbridge Wells	Gatwick Park	St Anthony's Hospital
Allergy	Red	Green	Red	Orange	Orange
Audiology	Green	Red	Green	Green	Green
Breast surgery	Green	Green	Green	Green	Red
Cardiology	Green	Green	Green	Green	Green
Cardiothoracic surgery	Red	Orange	Red	Red	Green
Colorectal	Green	Green	Green	Green	Green
Cosmetic surgery	Green	Green	Green	Green	Green
Dermatology	Green	Green	Green	Green	Green
Dietetics	Red	Green	Green	Green	Red
ENT	Green	Green	Green	Green	Green
Endocrinology	Green	Green	Green	Green	Green
Fertility	Orange	Red	Red	Green	Red
Gastroenterology	Green	Green	Green	Green	Green
General surgery	Green	Green	Green	Green	Green
Geriatric medicine	Orange	Green	Green	Green	Red
Genito-urinary	Red	Red	Red	Green	Green
Gynaecology	Green	Green	Green	Green	Green
Haematology	Green	Green	Red	Green	Green
Infectious diseases	Red	Green	Red	Red	Red

Consultant specialties	Spire Hospital				
	Alexandra	Montefiore	Tunbridge Wells	Gatwick Park	St Anthony's Hospital
Nephrology/renal medicine	Red	Green	Green	Red	Green
Neurology	Green	Green	Green	Green	Green
Neurosurgery	Red	Amber	Amber	Amber	Amber
Oncology	Red	Green	Red	Amber	Red
Ophthalmology	Green	Amber	Green	Green	Green
Oral and Maxillofacial	Red	Green	Green	Green	Green
Orthopaedics	Green	Green	Green	Green	Green
Paediatrics	Amber	Red	Amber	Green	Green
Pain management	Green	Green	Green	Green	Green
Physiotherapy	Green	Amber	Green	Green	Green
Podiatry	Red	Red	Green	Green	Red
Psychiatry	Red	Red	Red	Red	Red
Respiratory medicine	Green	Red	Green	Green	Green
Rheumatology	Green	Green	Green	Green	Green
Spinal surgery	Green	Green	Red	Green	Green
Sports medicine	Red	Green	Green	Red	Green
Stroke medicine	Green	Red	Red	Red	Red
Thoracic surgery	Red	Red	Red	Red	Green
Urology	Green	Green	Green	Green	Green
Vascular	Green	Green	Red	Green	Green
Weight loss surgery	Red	Green	Red	Green	Green

**Key**      Green = Offered      Red = Not offered      Amber = Limited service (eg OP service, but no surgery)

### For further information

Search 'Spire Alexandra Hospital'

Call 01634 662 866

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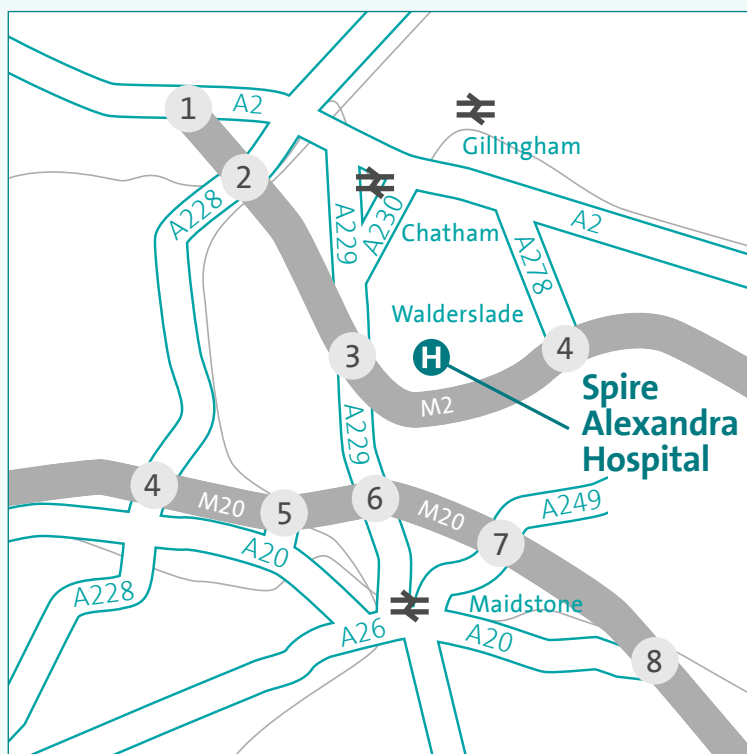
## Find us

We are located close to the towns of Maidstone and Chatham in Kent. You can find us approximately eight miles from Maidstone and five miles from Chatham.

## Your local private hospital

### Spire Alexandra Hospital

Impton Lane  
Walderslade  
Chatham  
Kent  
ME5 9PG



## Contact us today

Search 'Spire Alexandra Hospital'

Call 01634 687 166