



Spire

Dunedin Hospital



Education Hub 2021

Fostering collaborative working between
General Practice and Spire Dunedin Hospital,
Reading.

Looking after you.

Available consultants

To book any of these consultants or if you have a request for another topic, please e-mail deborah.gianelli@spirehealthcare.com or call **07912 278 291**.

Bariatrics

Mr Greg Jones	<ul style="list-style-type: none">• Bariatric surgery – not just for weight loss• Top tips for managing patients post bariatric surgery in primary care• Obesity – discrimination, disease, cure and hope
Miss Marianne Sampson	<ul style="list-style-type: none">• Which bariatric procedure might be suitable for my patient?• Non surgical weight management• Management of bariatric complications

Breast

Mr Brendan Smith	<ul style="list-style-type: none">• Breast cancer: from diagnosis to treatment – a patient's journey• New developments in breast reconstruction• Benign breast disease what to look for and who to refer• Extending the role of breast conservation surgery. Can we avoid mastectomy?• Breast referrals do's and don'ts
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Cardiology

Dr Andrew Elkington	<ul style="list-style-type: none">• The role of cardiac MRI and cardiac CT• NICE guidance on assessing chest pain of recent onset
Dr Charlie McKenna	<ul style="list-style-type: none">• Coronary disease• Heart failure• Atrial fibrillation• Valvular disease• Palpitations, dizziness, syncope
Dr William Orr	<ul style="list-style-type: none">• Prevention of heart disease
Dr Neil Ruparelia	<ul style="list-style-type: none">• Management of chest pain• Arrhythmia management• Management of valve disease - TAVI• Structural heart disease• The brain and the heart - PFO closure / AF / appendage occlusion• Cardiovascular risk• Palpitations

Cardiology (continued)

Dr Bhavesh Sachdev

- ECG's for GPs
- Anticoagulation and the principles of atrial fibrillation management
- 'Should I be worried about this chest pain Doc?'
- Inherited heart muscle disease

Colorectal

Mr Philip Conaghan

- Diagnosing perianal conditions and what to refer
- Bowel cancer – diagnosis and management
- Laparoscopic colorectal surgery – good for patients or one camera too far?
- Management of diverticular complications
- Surgical management of inflammatory bowel disease

Mr Dominic Coull

- Laparoscopic hernia repair, golfing three days later!
- Updated national guidelines for hernia referral and management
- An update on perianal conditions – who to refer?
- Modern management of diverticular disease
- Modern management of altered bowel habit (diarrhoea/constipation)
- Obstructive defaecation syndrome – often missed in primary and secondary care!
- Modern management of a pilonidal sinus
- Who needs a referral for colonoscopy?
- Optimal treatment of haemorrhoids including Haemorrhoidal Artery Ligation and Rafaelo procedures

Mr Daniel McGrath

- Abdominal Pain – routine or emergency?
- Functional bowel disorders
- Abdominal & groin hernias – are they right to be Left?
- Laparoscopic colorectal surgery
- Colorectal cancer, polyps & surveillance
- Perianal conditions
- Management of diverticular disease

Colorectal (continued)

Mr Simon Middleton	<ul style="list-style-type: none">• Rectal bleeding• Perianal conditions• Laparoscopic colorectal surgery• Investigations in colorectal disease• Keyhole surgery for inguinal hernia repair – not what it seems?• Laparoscopic abdominal surgery Halo and Rafaelo• Halo and Rafaelo – Modern management of haemorrhoids• Radiofrequency ablation for haemorrhoids?• Surgery for inflammatory bowel disease
Dr Kumaran Thiruppathy	<ul style="list-style-type: none">• OGD and Colonoscopy• Laparoscopic bowel resections• IBD• Removal of lumps• 2 week wait• Hernias• Proctology

Cosmetics and Plastics

Mr Anthony Armstrong	<ul style="list-style-type: none">• Skin cancer and melanoma• Hand conditions presenting in General Practice• 10 case studies in plastic surgery presenting to the GP
Mr Fulvio Urso-Baiarda	<ul style="list-style-type: none">• Cosmetic surgery – helping your patients navigate the Wild West

Counselling

Martina Swinburn	<ul style="list-style-type: none">• Top tips to treat anxiety, depression, stress and panic disorder – a fun interactive session where you will take away valuable tools to help both your patients and you
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Dermatology

Dr Penelope Pratsou	<ul style="list-style-type: none">• Top tips on when to refer to dermatology• Don't let cancer get under your skin: All about moles, sun damage and skin cancer• Beyond the naked eye: Essential Dermoscopy for GPs• Top tips for tots' skin: Focus on children's dermatology• Latest GP updates on acne, eczema and psoriasis• Other topics: available on request• Teledermatology: How to diagnose and treat skin conditions safely in the middle of a pandemic
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Dietetics and Nutrition

Ms Jasmine Challis	<ul style="list-style-type: none">• Management of disordered eating• Nutrition and diet – an update on aspects relevant to General Practice• Update on a specific dietetic area – available on request• Ask the Dietitian – diet and nutrition questions left unexplored• Diabetes and very low calorie diets
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ENT

Mr Robert Almeyda	<ul style="list-style-type: none">• Managing the dizzy patient: a primary care guide
Mr Rogan Corbridge	<ul style="list-style-type: none">• Thyroid and neck lumps• Modern outpatient investigations in ENT• Urgent referrals in ENT• Sore throat coughing and laryngopharyngeal reflux

Gastroenterology

Dr Des De Silva

- Practical gastroenterology
- Abnormal liver function tests
- Management of altered bowel habits
- Inflammatory Bowel Disease – an update for GPs
- Dyspepsia
- Irritable Bowel Syndrome
- Iron Deficiency Anaemia
- Symptoms and presentation of colorectal cancer in Primary Care

Dr Nishant Patodi

- Management of iron deficiency anaemia
- Management of altered bowel habit (diarrhoea and constipation) – tests prior to referral
- Latest developments in inflammatory bowel disease
- Irritable bowel syndrome – basic tests/ management before referral to secondary care
- When to refer for Gastroscopy or Colonoscopy?
- Coeliac disease
- Faecal Immunochemical Testing as a screening tool for colorectal polyps/ colorectal cancer

Genito-Urinary Medicine

Dr Alan Tang

- ‘The weep, the droop and the potion’

Gynaecology and Fertility

Mr Alex Swanton

- Heavy and inter-menstrual bleeding and NICE guidelines
- Diagnosing and treating fibroids
- Management of endometriosis
- PCOS
- Recurrent miscarriage
- Ovarian reserve testing
- Menopause and HRT
- Management of Subfertility

Haematology

Dr Pratap Neelakantan

- FBC abnormalities
- When to refer to Haematology
- Diagnostic pathway for common haematological malignancies

Dr Karthik Ramasamy

- Lymphoma, myeloma and leukaemia – when to refer a suspected case

Hand Surgery

Mr Anthony Armstrong

- Treatment and management of Dupuytren's contracture
- Common hand conditions

Mr Zulfi Rahimtoola

- Hand and wrist injection workshop
- Top sport hand and wrist injuries
- Hand and wrist surgery: common conditions
- Examining the wrist for therapists

Neurology

Dr Richard Armstrong

- Headaches and head pains
- Epilepsy – useful tips for primary care

Dr Marko Bogdanovic

- Management of Parkinson's disease
- Shakes, twitches & jerks
- Tingling and numbness

Dr Enrico Flossman

- TIA and strokes – advances in stroke prevention

Oncology

Dr Pompa Bhattacharyya

- Immunotherapy

Dr Esme Hill

- Malignant spinal cord compression
- Cancers of unknown primary origin

Ophthalmology

Miss Evgenia Anikina	<ul style="list-style-type: none">• Retinal surgery: what we treat and how we treat it, looking after patients post-operatively• When is a cataract "ready"? Pitfalls of decision making in cataract referral and surgery
Miss Annette Bacon	<ul style="list-style-type: none">• Learn to do incision and curettage of eyelid cysts• A beginners guide to myopia, hypermetropia and astigmatism. Relevance to cataract surgery.• Eyelids illustrated
Mr Peter Constable	<ul style="list-style-type: none">• Update in ophthalmology for GPs• Management of glaucoma• Modern Cataract surgery – improving vision in 2021• Management of eye conditions in general practice• Managing eye disease in the post covid era
Mr Martin Leyland	<ul style="list-style-type: none">• Red flags with red eyes• How to manage patients with itching, burning and dry eyes• Micro-incision surgery: cataracts, multifocal lenses and corneal transplants
Mr Vaughan Tanner	<ul style="list-style-type: none">• Micro-incision cataract surgery and multifocal lenses – no more reading glasses?• Update on retinal and macular problems – floaters, detachment, age related macular degeneration• Common eye problems for GPs – red eye, vision loss, chronic diseases – everything!
Miss Sarah-Lucie Watson	<ul style="list-style-type: none">• ‘Premium lenses’ for cataract surgery, options beyond NHS provision including ‘promises and pitfalls’• Guidance on retinal referrals including a brief update on new treatments and latest innovations• An opportunity to talk ‘eyes’. Optimising referral pathways for patients with blurred vision

Oral & Maxillofacial Surgery

Mr Pradeep Anand

- Minimally invasive techniques to the management of salivary gland pathology
- Facial pain – A comprehensive approach to investigation and management
- Oral medicine for GPs and GDPs
- Facial deformity: The effects, assessment and management. A review of Berkshire patients seen and treated in the last 5 years

Mr Satheesh Prabhu

- Oral cancer – the patient's journey
- Two week referrals – what is and what not!
- Jaw cysts and tumours
- Salivary gland tumours
- Oro-facial reconstruction
- Lumps, bumps & ulcers of the mouth

Orthopaedics

Mr Chinna Arvind

- Anterior knee pain
- Lower limb arthritis
- Flat foot and bunion disorders

Mr Nev Davies

- Children's orthopaedics for GPs – all you need to know in 1 hour!
- Knee injuries – clinical diagnosis without an MRI – how to examine a knee thoroughly in 2 mins
- Does my patient really need a total knee replacement - the role of Osteotomy and half knee replacement
- Ponseti – how it revolutionised world clubfoot management
- The limping child – what to do?
- How, when and what to inject into a knee?

Prof Ofer Levy

- Physical examination of the shoulder – a 'how to' for GPs
- Calcific tendonitis - diagnosis and treatment options – an update
- Shoulder Instability - diagnosis and treatment options – an update
- Osteoarthritis, rheumatoid arthritis and cuff arthropathy
- Fractures around the shoulder: Proximal humerus, clavicle etc. and treatment options

Orthopaedics (continued)

Mr Alan Macleod	<ul style="list-style-type: none">• Hip arthroplasty – an update for GPs• Mechanics of knee injuries and examination techniques• Common foot and ankle problems• Knee arthroplasty – an update for GPs• Spine, hip or knee – how to distinguish• Knee pain – how and when to investigate
Mr Amar Malhas	<ul style="list-style-type: none">• Shoulder instability• Shoulder pathology diagnosis• Rotator cuff tears• Shoulder replacement• Elbow pathology
Mr John Morley	<ul style="list-style-type: none">• Cases for total hip replacement• Current practice in hip & knee replacement: Getting your patients back on their feet
Mr Tom Pollard	<ul style="list-style-type: none">• Evolution in hip surgery: what we are seeing and how we treat it• Hip and knee surgery in austere times• Hips and knees: You bring the questions – I'll bring the answers (interactive)• Hip pain in young adults
Mr Trichy Rajagopal	<ul style="list-style-type: none">• Spinal stenosis• Management of lumbar radicular pain• Cervical spondylosis, radiculopathy and myelopathy
Mr Giuseppe Sforza	<ul style="list-style-type: none">• Frozen and stiff shoulder: diagnosis and treatment• AC Joint disorders and the whiplash shoulder• Elbow epicondylitis• Degenerative shoulder – Treatment of rotator cuff disease and osteoarthritis• Bring me your cases – discussion of your clinical cases

Orthopaedics (continued)

Mr Edward Tayton

- Lower limb sporting injuries; a regenerative perspective
- Degenerative knee conditions; diagnosis, treatment and state of the art
- Hip pain; basics of diagnosis and treatment
- Total knee replacement; past, present and future

Orthotics

Mr Nick Gallogly

- How to assess and diagnose the foot in 10 mins
- Orthotic management of neuromuscular patient
- Identification and management of tibialis posterior tendon dysfunction in primary care – a missed opportunity
- Orthotic management of the arthritic knee and foot
- Identification and management of the top three adult and paediatric foot pathologies
- Head to toe orthotics (Protective helmets to insoles) – what the evidence tells us
- Conservative management of foot pathologies from 2 metres away

Paediatric Services

Dr Srinivas Gada

- ASD (Autism Spectrum Disorder)
- ADHD (Attention Deficit Hyperactivity Disorder)
- Dyspraxia
- Cerebral Palsy & Any other Neurodevelopment/ Neurodisability topic at the GP's request

Dr Ravi Kumar

- Infant Feeding Problems
- Common respiratory problems in children
- Chest pain, palpitations and syncope in children
- Fits, faints and funny turns
- Any other paediatric topics of interest to GPs

Pain Management / Medicine

Dr Deepak Ravindran

- Chronic pelvic pain
- Chronic migraine and cervicogenic headache – does injection therapy help?
- Coccydynia and sacroiliac pain – minimally invasive options
- Fibromyalgia and chronic widespread pain
- Neuropathic pain – drugs, injections, stimulation and more?
- Primary care pain management
- Spinal pain – role of the pain specialist
- What's new in pain medicine
- Opioid prescribing: pearls and pitfalls
- The role of cannabis

Radiology

Prof Mark Little

- Prostate Artery Embolisation (PAE):
A new minimally invasive treatment for Benign Prostatic Hyperplasia (BPH)

Dr Archie Speirs

- Developments in radiology:
Coronary artery CT Virtual
CT colonoscopy
MRI prostate
Virtual CT colonoscopy
- Developments in interventional radiology:
Geniculate artery embolisation
Prostate artery embolisation
Vertebroplasty

Radiology talks are not limited to those listed above. If you would like to discuss a different topic with any of our radiologists, please do not hesitate to ask. We have a bank of radiologists who we can approach.

Respiratory

Dr Grace Robinson

- COPD – an update for GPs
- Chronic cough – diagnosis and treatment
- Asthma Update
- Respiratory infection and bronchiectasis in primary care

Respiratory (continued)

Dr Yvonne West	<ul style="list-style-type: none">• Interstitial Lung Disease – an overview and update• Sarcoidosis – what is it and how do we manage it?• Ask the Consultant – clinical cases in Asthma, COPD and Bronchiectasis
Dr Andrew Zurek	<ul style="list-style-type: none">• Asthma diagnosis• Managing difficult asthma• COPD• Inhalers update• Lung fibrosis & interstitial lung disease• Bronchiectasis• Lung cancer diagnosis• Cough investigation and management• Breathlessness investigation and management• Discussion of “grey cases” or difficult to manage respiratory patients

Rheumatology

Dr Antoni Chan	<ul style="list-style-type: none">• Bring me your cases – discussion of your clinical cases Q&A• Recognising and treating rheumatoid arthritis• Is it lupus? Managing connective tissue disease• DMARDs and biologics in rheumatology – what should I know?• Managing polymyalgia rheumatica and giant cell arthritis• Recognising ankylosing spondylitis and related conditions• Osteoporosis – when to start and when to stop treatment• Fibromyalgia and management in primary care• Gout and uric acid – how to manage this• Raised ESR and CRP – how to manage this• Updated monitoring guidelines for DMARDs• Telemedicine and remote monitoring in rheumatology• What have we learned in rheumatology from COVID?• Management of the immunocompromised patient• COVID vaccines and DMARDs/biologics
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Spinal Surgery

Mr Dan Rolton	<ul style="list-style-type: none">• Back pain. Pitfalls and red flags.• Assessment and management of radicular pain in primary care.• New advances in spinal surgery.
Mr Trichy Rajagopal	<ul style="list-style-type: none">• Management of radicular pain• Spinal stenosis• Current concepts in management of axial back pain• Cervical spondylosis, radiculopathy and myelopathy

Upper Gastrointestinal

Mr Greg Jones	<ul style="list-style-type: none">• Dealing with dysphagia – investigating, diagnosis and management• Modern management of gallstone disease• It still burns – when a PPI isn't enough
Miss Marianne Sampson	<ul style="list-style-type: none">• Management of persistent or complicated reflux disease• Gallbladder disease• Abdominal wall reconstruction for large hernias and muscular divarication• Laparoscopic hernia advances

Urology

Mr Omer Karim	<ul style="list-style-type: none">• Investigation and management of LUTS in Primary Care• Management of LUTS in secondary care• TURiS, HoLEP and REZUM (water vapour treatment of the prostate)• Update on prostate cancer diagnosis and management• Advances in management of kidney cancer• PSA, OAB (over active bladder) Syndrome• His car would pass an M.O.T. but would he?• The medicinal properties of honey and other bee products in urology• Leonardo da Vinci and his contribution to urology
Mr Hanif Motiwala	<ul style="list-style-type: none">• Male menopause – myth or reality?• Haematuria and NICE Guideline• Peyronie's disease: Latest update• Urinary incontinence – post the mesh ban era• Circumcision: Pros and cons• Update on bladder cancer• Reconstruction in urology

Urology (continued)

- Common problems in urology; How to manage in primary care
- Erectile dysfunction – options when medical therapy fails

Vascular

Prof Tim Magee

- Modern treatments for varicose veins
- Endovascular aneurysm repair
- Treatment of leg ischaemia
PLUS: Anything else vascular

If you have a request for a topic not already listed please email deborah.gianelli@spirehealthcare.com

Why choose Spire Dunedin Hospital?

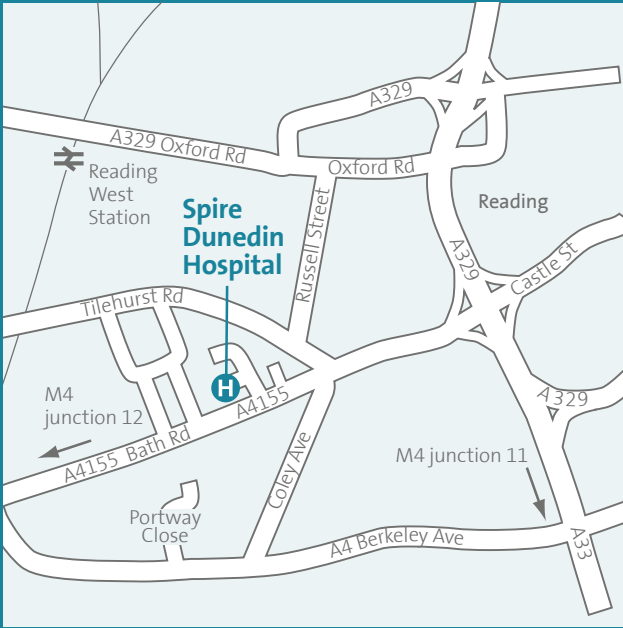
We offer:

- A broad range of services and prompt access to treatment from experienced caring staff
- An enviable reputation having served Berkshire proudly for over 80 years
- Focused quality clinical care

You don't need private medical insurance to access care at Spire Dunedin Hospital – call today!



How to find us



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